



Reinhardt's Rights Guide

2024



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Dear Colleagues,

With over 125 years of experience, the publishing house Ernst Reinhardt GmbH & Co KG is a family owned, independent publishing company and has, as of now, a backlist of almost 1,000 titles. We specialize, amongst others, in the fields of psychology, education, gerontology and social work and publish an average of 25 new titles every year. Internationally known as quality research literature, our publications have been translated into more than 30 languages.

Reinhardt Publishing cooperates with professional institutions and associations such as the German Association for Psychology or the Association for Bodypsychotherapy and is a member of utb GmbH – a university-focused joint venture of 19 German academic publishers.

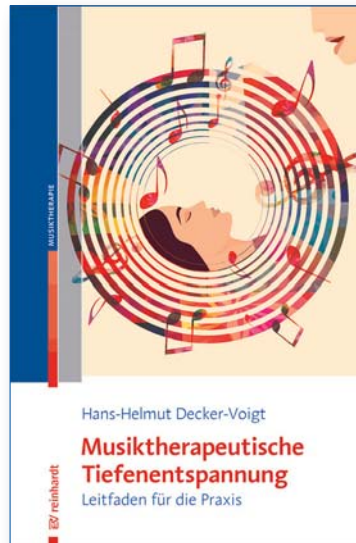
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We look forward to hearing from you!

Melke Schumann

Foreign Rights Manager

Therapy with music



Hans-Helmut Decker-Voigt
Hypnomusictherapy
Practical guide
With contributions by Eric Pfeifer,
Constanze Rüdener-Speck
and Christine Stolterfoth.
190 pages. 12 ill.
(978-3-497-03173-3) pb
€ 29.90

practical guide in
10 basic steps

examples of trance-state induction
and verbal reflection

Target Readership

Professionals in the fields of psychotherapy, medicine, music therapy and other art-based therapies as well as clinical psychology, health and rehabilitation psychology

Creating states of deep relaxation using techniques from the fields of music and hypnotherapy is an approach suited particularly to those in crisis mode. It can be helpful after physical illness, for those undergoing pain therapy and rehabilitation, and for those experiencing stress and anxiety disorders.

The method is explained in ten practical steps ranging from exploration, trance-state induction and reflection to transitioning to reality outside the setting. Examples of possible formulations demonstrate ways to process the patient's state of mind, experiences, wishes and conflicts verbally before, during and after the trance state. Various fields of application in individual and group therapy are presented.

A versatile set of tools for all those who are seeking to expand their repertoire of psychotherapeutic methods.

Author Information

Prof. Dr. Dr. h.c. mult. **Hans-Helmut Decker-Voigt** is an expressive therapist, music therapist, hypnosis therapist and supervisor, founder and Head of the Institute for Musictherapy (1990-2010), and senior professor at the Hamburg University of Music and Theatre. His books are international translated (Japan, China, Russia, Hungaria, Korea e.o.).

The psychology of loneliness



Mareike Ernst
Loneliness – Models, Causes, Interventions
 (PsychoMed compact; 13)
 234 pp. 22 ill. 9 tab.
 utb-M (978-3-8252-6229-7) pb
 € 39.90

Highly topical issue

Relevant for many areas of psychology and connected degree programmes

Quick access via instructional preparation

Target Readership

Students and teachers of psychology, social education, health professions and psychotherapy

Numerous studies have highlighted the negative consequences of loneliness for physical and mental health. Loneliness is associated with a high level of suffering, and chronic loneliness plays a role in the occurrence and maintenance of various illnesses.

This book offers a scientifically sound introduction to a complex topic. The epidemiology of loneliness is analysed on the basis of a definition of the term and its differentiation from closely related concepts. Further chapters are devoted to an exploration of the development of loneliness, its connection with physical and mental illnesses and various statistical methods.

The book concludes with current perspectives, including the discourse on whether loneliness has increased in recent years and the research status of effective interventions.

Author Information

Dr. phil. **Mareike Ernst**, MSc. Psych., teaches and researches as a tenure-track professor for psychodynamic psychotherapy research at the Institute of Psychology, Department of Clinical Psychology, Psychotherapy and Psychoanalysis at the Alpen-Adria-University in Klagenfurt.

Shopping, gambling, gaming



Frank Gauls
**Understanding and Treating
Behavioural Addictions in a
Person-Centred Way**
(Person-centred counselling
& therapy; 19)
155 pp. 8 ill.
(978-3-497-03273-0) pb
€ 29.90

systematic description of
the most common behavi-
oural addictions

person-centred treatment
strategies

illustrative case studies
and dialogue examples

Target Readership

Professionals working in the fields of psychotherapy, psychology, (social) education

When every day and leisure activities, such as shopping, video games or internet surfing become addictive, this can cause serious consequences for those affected, including debt, social isolation, unemployment and drug-related crime. In counselling and therapy settings, it is therefore not only important to work on the self-concept of those affected in a non-judgemental way, but also provide support with everyday life and money management.

The book describes, in detail, the most common behavioural addictions: addiction to gambling, gaming (video games), shopping, sex, online surfing and streaming. Disorder-specific topics and strategies for counselling and treatment are described using the person-centred approach. Case studies and dialogue examples illustrate the techniques applicable in this area.

Author Information

Frank Gauls is a graduate social worker and person-centred therapist (GWG) as well as a nationwide speaker and trainer in person-centred counselling; he specialises in work with behavioural addictions and runs the Bethel outpatient addiction support centre in Bielefeld.

Accepting your own body



Reinhild Schwarte/Katharina Alexandridis
Body Image in the Field of Eating Disorders
An interdisciplinary therapy manual
Includes 57 worksheets to download
236 pp. 38 ill. 5 tab.
(978-3-497-03218-1) pb
€ 39.90

Detailed descriptions of
modular therapy sessions

Suitable for individual
and group settings

Includes numerous
resources to download

Target Readership

Psychotherapists, psychologists, movement therapists, physiotherapists, occupational therapists, psychomotricians, motopedagogues

This manual provides impulses for body image work with all age groups. Behavioral therapy and movement therapy adapted for mental illnesses are combined with improvisational theatre. Creative elements bring energy and lightness to the therapy. A variety of exercises designed to elicit emotion form the basis for a holistic examination of feelings, particularly shame and insecurity as well as the need for control.

The therapeutic units are described in detail, can be freely combined and are suitable for group and individual therapy. Excursions (e.g. clothes shopping, swimming pool visits) and seasonal events (e.g. Christmas, Ramadan) are also addressed. Downloadable worksheets support patients as they transition back to everyday life.

Author Information

Dr. **Reinhild Schwarte** is a psychological psychotherapist (Behavioural Therapy) working with adults, children and adolescents. She heads the Eating Disorders Centre at the Oberbergklinik Konraderhof clinic near Cologne and is co-founder of the "Network for Applied Improvisational Theatre in Psychotherapy".

Dr. **Katharina Alexandridis** is a sports and movement therapist based at the Oberbergklinik Konraderhof clinic near Cologne. She researches and teaches at the German Sport University Cologne (with subjects including body image diagnostics) and offers animal-assisted interventions.

Making psychomotricity autism-aware



Sihna Lind
**Psychomotoric Practice for
Children with Autism**

Includes online materials.
(Psychomotoric practice)
191 pp. 44 ill. 5 tab.
(978-3-497-03209-9) pb
€ 29.90

Fundamentals of autism
and a psychomotoric
approach

Practical ideas for psycho-
motoric lesson planning

Includes a variety of
online materials

Target Readership

Psychomotoric specialists, motopedagogues, motologists, educators with psychomotoric qualifications

The growing number of children with autism presents psychomotoric professionals with a series of major challenges: How can psychomotricity improve life for children with autism? How can they benefit from a psychomotoric setting and which framework conditions are required to create this?

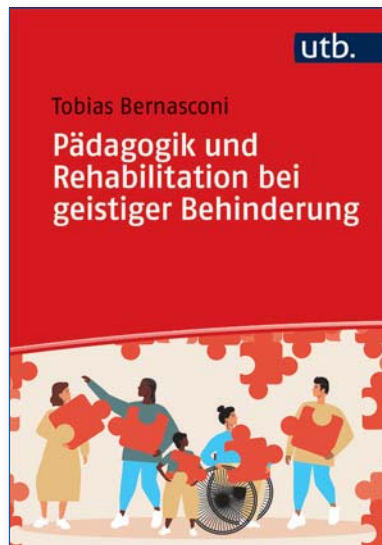
The book focuses on the organisation of psychomotoric practice and the specific characteristics and needs of children with autism. Proven methods and approaches drawn from current specialist discourse are presented and adapted for psychomotoric play and movement activities as well as specific psychomotoric interventions.

In addition, numerous materials are available to download for practical work.

Author Information

Sihna Lind, special education teacher and motologist, works at the Intercantonal University for Special Education in Zurich. Her job profile at the Institute for Behavioural, Socio-Emotional and Psychomotoric Development Support includes working on research projects and teaching in the Bachelor's and Master's programmes in Psychomotoric Therapy.

Understanding intellectual disabilities



Tobias Bernasconi
Education and Rehabilitation for People with intellectual disabilities

212 pp. 28 ill. 8 tab.
 utb-M (978-3-8252-6215-0) pb
 € 39.90

Perceiving lifeworlds
and needs

Supporting individual
development

Enabling quality of life
and participation

Target Readership

Lecturers in special needs and inclusive education, (special needs) educators and therapists specialising in intellectual disabilities, students of special needs education

How do people with intellectual disabilities live, learn and work?

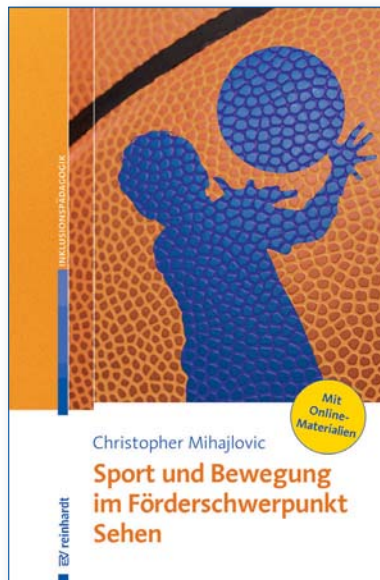
This introductory book describes the life situation of people with intellectual disabilities and their families across the entire lifespan. Challenges and opportunities are presented scientifically substantiated in the light of changing guiding principles and social developments.

Valuable information for training and practical work can be derived from the findings for all those working in the field of special needs education and educational science. At the same time, opportunities in support of inclusion, participation and education are identified.

Author Information

Prof. **Tobias Bernasconi** (PhD), based in Cologne, is Full Professor of Education and Rehabilitation for People with Intellectual and Severe Disabilities. His research focuses on AAC, Inclusion and participation of People with ID and PIMD.

Let's get fit together!



Christopher Mihajlovic
Sport and physical activities for children and young people with visual impairment

Includes online materials.

120 pp. 22 ill. 16 tab.

(978-3-497-03267-9) pb

€ 29.90

enabling participation
in sport

practical ideas for
the classroom

includes online
materials

Target Readership

Primary and secondary level 1 teachers who work in inclusive education with children and young people with visual impairments; teachers at special schools specialising in visual impairments

Sport and exercise have a health-promoting effect and enable positive experiences in the community. However, children and young people with visual impairments are often perceived as challenging by PE teachers – particularly when it comes to learning together in inclusive settings.

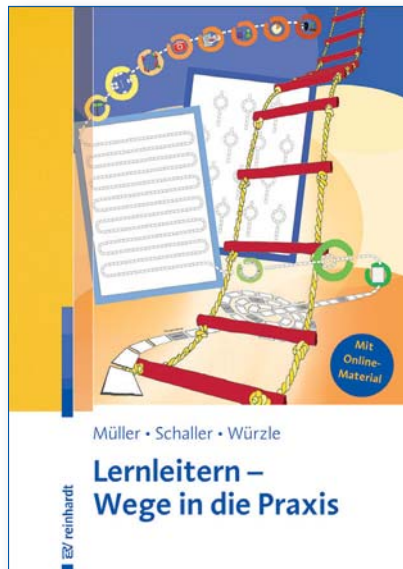
This book supports teachers in designing and implementing adaptive and inclusive sports and exercise programmes. The book includes explanations of methodological and organisational characteristics and curricular framework conditions for teaching in addition to basic information on visual impairments.

The book focuses on the presentation of physical education lesson plans and activity ideas that can be implemented easily in daily practice.

Author Information

Dr **Christopher Mihajlovic**, a teacher of special education, has worked in inclusive education in Esslingen, Germany, for several years, and taught at the Heidelberg University of Education in the field of sports.

Promoting autonomous learning



Thomas Müller/Theresa Schaller/Ruth Würzle
Learning Ladders – Practical Paths
 Includes worksheets to download.
 59 pp. 17 ill. DIN A4.
 (978-3-497-03254-9) pb
 € 29.90

Being mindful of
classroom diversity

Practical tips for lesson
planning

Contains numerous
teaching materials

Target Readership

Teachers and researchers in educational sciences, teachers at mainstream and special schools, student teachers

“Learning with learning ladders” is a concept that addresses the growing heterogeneity in the classroom and can be applied to all types of schools and subjects. Specifically designed learning plans guide the pupils through a variety of activities, which they work on independently in class in a range of different formats.

This practical book provides a detailed insight into the “learning ladders system” and addresses ways to support learners in self-regulated learning environments. Selected learning ladders from primary to upper secondary level and various subjects demonstrate the integration of the concept within educational practice. The copy templates provided as part of the online materials support teachers in developing their own learning ladder systems.

Author Information

Prof. Dr. **Thomas Müller**, based in Würzburg, is Academic Director of the Chair of Education for Behavioural Difficulties, which focuses on educational relationships, child poverty, education in difficult circumstances and teaching children and young people experiencing behavioural problems.

Theresa Schaller, based in Regensburg, works as a teacher, lecturer and consultant in national and international school development projects.

Ruth Würzle, based in Bad Abbach, is an educator and artist, and also advises on school development projects, with a particular focus on northern Kenya.

Nursing care at the centre of research



Markus Wübbeler / Johannes Michael Bergmann
Nursing Research
 259 pp. 25 ill. 21 tab.
 utb-S (978-3-8252-6231-0) pb
 € 39.90

Understanding research in health care

Scientific evaluation of nursing interventions

Understanding nursing research methods

Includes examples of nursing practice

Target Readership

Nursing students and other health care professionals

What is nursing research and how is it applied?

In order to successfully meet challenges in nursing practice, scientific methods are required to provide the evidence base to the evaluation of interventions in nursing practice. This textbook provides an overview of the key methods and approaches in nursing research.

The book demonstrates the connection of nursing research to the clinical field, using examples from nursing practice. Quantitative and qualitative methods are presented: starting from the formulation of a research question and the structure of the research process, to the interpretation of data and the promotion of nursing science.

Author Information

Prof. Dr. **Markus Wübbeler** teaches clinical nursing research at the University of Applied Sciences in Bochum. His research focuses on evidence-based practice, clinical studies and digital nursing care development.

Dr. **Johannes Michael Bergmann** is a research associate at the German Centre for Neurodegenerative Diseases (DZNE) in Witten. His focus is on organisation-related health care research and the development of nursing assessment instruments.

A plea for a humane approach to criminal law



Fritz Bauer
Crime and Society
Reprint of the 1st edition,
first issued in 1957.
(reinhardt reprint)
2nd edition, 2024.
266 pages.
(978-3-497-03265-5) pb
€ 33.00

In 1957, Fritz Bauer, then Director of Public Prosecutions in the State of Hesse, published his seminal work "Das Verbrechen und die Gesellschaft" ("Crime and Society"). In it, Bauer wrestled with himself as he sought to find explanations for people's criminal behaviour. In addition to presenting academic findings and views common to the 1950s, he argued in favour of a new, humane approach to criminal law and called for anthropology, psychology, sociology, medicine, biology and education to be incorporated within it.

The reprint is an impressive contemporary document and continues to be relevant even today, reading as a subject to political persecution.

[Author Information](#)

In the 1930s, Dr. jur. **Fritz Bauer** (1903-1968) returned to the Federal Republic of Germany after the war and set himself the goal of bringing the perpetrators of Nazi crimes to justice. Bauer was known as an important initiator of the Auschwitz trials and was involved in the criminal investigation against high-ranking Nazis despite encountering much resistance. His life and work have been widely recognised and honoured.

Colourful confetti feelings



Reinhold Feldmann/Anke Noppenberger

A FAS(D) Perfect Feeling

An illustrated book about FAS(D) –
Foetal Alcohol Syndrome or Foetal
Alcohol Spectrum Disorder

Includes information for parents
and professionals

56 pp. 230 × 230 mm.

Coloured inner section.

(978-3-497-03248-8) hb

€ 29.90

For those aged 4 years
and above

Sensitive, easily accessible
visual language

Includes information about
the inner experience of
children with FAS(D)

Target Readership

social education worker (B.A.), has many years of experience in the fields of residential youth welfare, socio-educational family support and work with foster children.

Lissi experiences a wide range of very different feelings. She likes to scatter beautiful feelings around the world like colourful confetti - when she prepares for the birthday party of her favourite cuddly snowman Belissimo, for instance. Lissi is so excited and is really looking forward to the guests. Sometimes Lissi also has emotions that don't feel as good, more like a thundering downpour. Because if nobody comes to Belissimo's party, Lissi feels sad or even gets angry. Having FAS(D) means that her emotions sometimes get mixed up and she feels overwhelmed. In these cases, it helps if Lissi and her family know where the "confetti rain" feelings come from and how they can address them. And if necessary, there is a protective umbrella to hand.

Author Information

Dr. rer. medic. **Reinhold Feldmann**, grad. psychologist, is a psychological psychotherapist who has been working at the Clinic and Polyclinic for Paediatrics and Adolescent Medicine at the University of Münster since 1998, and at the FASD outpatient clinic in Walstedde since 2011.

Anke Noppenberger, social education worker (B.A.), has many years of experience in the fields of residential youth welfare, socio-educational family support and work with foster children.

Opportunities provided by foster families and residential groups



Anna Kampschroer
Welcome to Your New Home
 A story for children in foster families
 and residential groups.
 135 pp.
 (978-3-497-03247-1) pb
 € 23.90

For those aged 6
and above

Emotional processing via
identification with the
protagonists

Includes information and
a question/discussion
game

Target Readership

Foster children, foster parents, (social) education workers, psychotherapists, psychologists

Janis lives with his neighbour "Grandma" Wallner, because his parents are unable to take proper care of him. He will soon be moving again, and going to live with his new foster family.

Grandma Wallner tells him the story of the abandoned lion Leo in an attempt to make his farewell a little easier. With the help of Berta the elephant, Leo looks for a new lion family. At the end of an adventurous journey, Leo is welcomed by a foster family where he feels safe and well cared for.

The protagonists in this fictional framework-cum-animal fable offer children who are unable to remain with their families an empowering opportunity for self-identification. Despite difficult situations, they do not give up, instead keeping their courage and confidence.

The stories are a valuable aid for foster parents and educational-therapeutic professionals alike.

Author Information

Anna Kampschroer, based in Barntrup, grad. social education worker, is a child and youth psychotherapist (Depth-Oriented Psychotherapy) with 20 years' experience in private practice. She has further training in fields including out-of-home care and many years' experience in juvenile residential facilities as a professional foster mother.

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