

Reinhardt's Rights Guide 2022–2024

Specialized Children's Books

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We look forward to hearing from you!



Foreign Rights Manager

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Regulation of Emotions

- Handling anger, insecurity, frustration and shame
- For parental, educational and therapeutic use
- Online material with colouring templates
- Age recommendation: 4–7



Barbara Baumgarten
**Fabian the Flamingo in
the Land of Feelings**

A storybook for children
With illustrations by Stefan Theuerkauff.
2021
111 pages. Four-colour inner section.
(978-3-497-03058-3) hb
€ 16.90

Target Readership

Parents, therapists and kindergarten
teachers of children between 4 and 7

With great feeling and expressive hand-drawn illustrations, 21 stories transport readers into the turbulent everyday life of a 7-year-old flamingo from a flamingo colony. They explain how to navigate different feelings and situations that children have to deal with every day in an age-appropriate way. The questions at the end of each chapter invite the reader to delve deeper into the stories.

Author Information

Barbara Baumgarten, Ludwigshafen, is a graduate social education worker (UAS) in child and adolescent psychiatry and has completed further training as a systemic therapist (SG – Systemic Society) and systemic couples therapist (IGST – International Society for Systemic Therapy).

Stefan Theuerkauff, Bonn, is a graduate designer who studied communication design in Cologne and Düsseldorf. His work focuses on illustration.



It wasn't me!

- Dealing with the social functions of truth and lies
- 10 witty animal-themed stories
- Educational questions inspire joint reflection
- Age recommendation: 5–8

Barbara Baumgarten/Stefanie Kolb

Fibber the Tiger and Sincerity the Squirrel

10 children's stories to read aloud
With illustrations by Stefanie Kolb.
2022

98 pages. Four-colour inner section.
(978-3-497-03139-9) hb
€ 16.90

Target Readership

Parents and kindergarten teachers of children between 5 and 8 years old

Paul breaks his friend's toy plane. But will they believe him when he says that it was an accident? Lea and Sophie have a secret that eventually puts one of the girls in great danger. Can Sophie break her silence? Fibber the Tiger and Sincerity the Squirrel know what to do! The friends live together in a cosy tree house not far from the city. It's a safe place, and visitors are always welcome.

Ten humorous, creatively illustrated stories introduce readers to the world of Fibber the Tiger and Sincerity the Squirrel. Good and perhaps not so good reasons for being honest or lying are emphasised and weighed against each other in an age-appropriate manner. The questions at the end of each chapter invite the reader to take a deeper dive into the stories.

Author Information

Barbara Baumgarten, Ludwigshafen am Rhein, is a graduate social education worker (UAS) in child and adolescent psychiatry and has completed further training as a systemic therapist (SG – Systemic Society) and systemic couples therapist (IGST – International Society for Systemic Therapy).

Stefanie Kolb, Essenheim, has been passionate about drawing since she was a child. After studying art and training as a computer graphics artist, she now works as a freelance illustrator.



When your child won't speak

- Support and modeling for children with selective mutism
- Includes online information for parents and professionals
- Age recommendation: 3–10

Babette Bürgi Wirth/Stefanie Kolb

Mila Speaks!

A picture book on selective mutism.
3rd edition 2023, 31 pages.
(978-3-497-03046-0) hb
€ 22.00

She talks her head off to her family, but doesn't utter a word at kindergarten: Mila suffers from selective mutism. Appropriately illustrated, this children's book describes the difficulties Mila faces because of her silence at kindergarten. What's the solution?

A therapist helps Mila to overcome her fear of speaking in small steps: first at home with a friend, then with a few children at kindergarten, later on at a bakery. In the end, she even overcomes the biggest challenge of all, and stands on a stage in front of parents and children ...

The book shows children affected (and their parents) a way out of the silence which is not only realistic, but encouraging. It can be used in families, kindergarten and therapeutic settings.

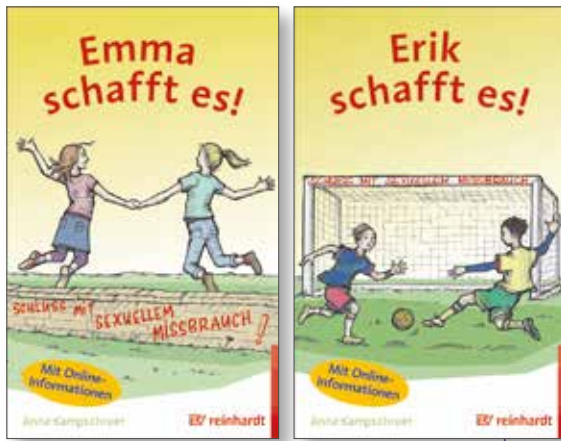
Target Readership

Children with selective mutism and their families, psychotherapists, speech and language therapists, kindergarten teachers.

Author Information

Babette Bürgi Wirth, Zurich, Switzerland, a teacher and psychotherapist, works with children affected by selective mutism in private practice, at kindergartens and schools.

Stefanie Kolb, Essenheim, Germany, has had a passion for drawing since she was a child. After studying art and training as a computer graphics artist, she now works as a freelance illustrator.



Dealing with sexualised violence

- Empowering identification with the protagonists
- Suitable for therapy and prevention
- Age recommendation: 9–14

Anna Kampschroer
Emma can do it! / Eric can do it!
 Ending sexual abuse
 With drawings by Cornelia Nass.
 2020, 103 pages.
 (978-3-497-02987-7) /
 (978-3-497-02986-0) pb
 € 19.90

Emma and Lilly are suffering sexual abuse at the hands of one of their fathers, but each is unaware of the other's plight. Fear, shame and confusion towards the adult who commits despicable crimes on the one hand and simultaneously appears to be a caring father or friend of the family on the other, dominate everyday life. That is, until Lilly breaks the silence and the girls confide in each other and subsequently in supportive adults, thus receiving help and protection.

The football club was supposed to help Erik to settle into a new environment after his parents separated and he moved away. But then, Erik experiences sexual harassment from his football coach. Both parents fail to recognise his distress. Only after he discovers that he's not the only victim of this violence can he reclaim his voice and his power. He joins forces with a new friend to seek help from supporting adults.

Target Readership

Specialists at counselling centres, inpatient youth welfare facilities, youth centres, prevention associations addressing sexualised violence, schools, training centres for educational and psychological specialists, teachers, psychotherapists, parents, boys and girls from 12 years of age for independent reading

Author information

Anna Kampschroer, Barntrup, grad. social education worker, is a child and youth psychotherapist in private practice with additional training in trauma therapy and hypnotherapy/hypnosis, as well as a founding member and chairperson of the board of the regional prevention association F.I.B. e.V.



Understanding FASD

- Talking about Fetal alcohol spectrum disorders (FASDs)
- Easy to understand and empathetic

Reinhold Feldmann/Anke Noppenberger
Perfectly FAS(D)
 2nd edition 2023
 49 pages. Four-colour inner section.
 (978-3-497-02873-3) hb
 € 24.90

This picture book tells the story of little Mo. Mo is affected by Fetal Alcohol Spectrum Disorder (FASD) and lives with a foster family. Mo tells readers about life with this disorder and how he feels about the world around him. The book is designed to help raise awareness of FASD as a medical condition. The story, written in a child-appropriate manner, describes everyday situations which children with FASD experience in particular and sometimes challenging ways. Includes important information for (foster) parents and professionals.

Target Readership

(Foster) parents of children affected, psychotherapists, psychologists, (social) education workers, educators, teachers, and therapists.

Author Information

Dr. rer. medic. **Reinhold Feldmann**, grad. psychologist, Münster, Germany, is a psychological psychotherapist who works at the FASD outpatient clinic in Walstedde.

Anke Noppenberger works as an FASD coach mentoring foster parents, and is also active in the field of social educational family support.

More books from the FASD series:



School
 (978-3-497-02989-1) pb



Talents
 (978-3-497-03174-0) pb



Emotions
 (978-3-497-03248-8) pb



Puberty
 (978-3-497-03070-5) pb



Pre Math Skills mad easy

- Counting from 1–10 and breaking down numbers
- A joining-in-picture book
- Age recommendation: 3–7
- Bestseller, 2nd edition in preparation

Moritz Herzog/Annemarie Fritz

The Hedgehog Who Wanted to Know How Many Spines He Had

With illustrations by Angela Kommoß.

2021

34 pages. Four-colour inner section.

(978-3-497-03032-3) hb

€ 16.00

As the hedgehog wakes up from hibernation and washes himself, one of his spines falls out. Startled, he asks himself: »How many more spines do I have on my back?« In the forest, he meets various animals, including a hare, a fox, and a deer, and asks them for advice but can anyone count all his spines?

This picture book introduces a number from 1 to 10 on each page. It uses a variety of counting exercises to support children aged 3 to 7 as they acquire counting skills – their very first encounter with mathematics. It also addresses the breakdown of numbers, an important learning step in the development of number concepts.

Target Readership

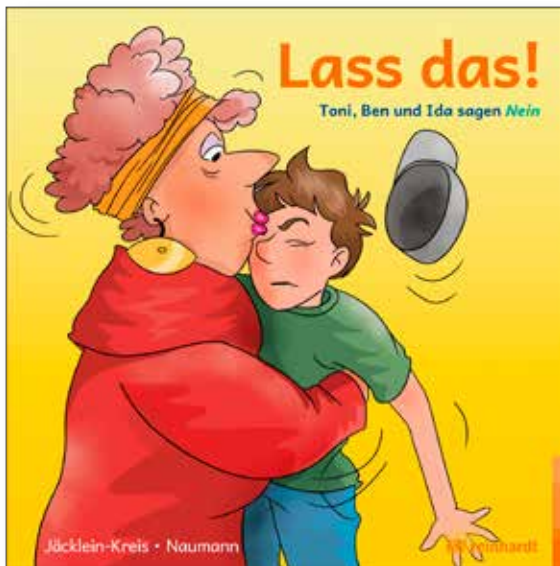
Childcare workers, educators,
primary school teachers, parents

Author Information

Dr. **Moritz Herzog** is a dyscalculia therapist and research associate in the field of methodology and didactics focusing on learning and emotional/social development at the University of Wuppertal, Germany.

Prof. Dr. **Annemarie Fritz**, Essen, Germany, is professor of educational psychology and chairs the international academy Wort + Zahl.

Angela Kommoß, Dortmund, Germany, has been a freelance illustrator since 2013 and founded the publishing house Glückspunkt in 2016.



How children learn to set boundaries

- Empowers children to resist assault, bullying and abuse
- Learning to defend yourself or search for help
- Age recommendation: 5–7

Elisabeth Jäcklein-Kreis/
Andrea Naumann

Stop! Toni, Ben and Ida say No

2022

43 pages. Coloured inner section.

(978-3-497-03140-5) hb

€ 19.90

Wet smackers from your aunt, strange offers from complete strangers in the playground or older children pulling down your trousers: these are really annoying things which make you want to disappear into a hole somewhere really quickly.

Ben, Ida and Toni are familiar with these situations too. However, they also know some great strategies they can use to fight back! These three friends may be young, but they know exactly how to say »no!«, they know their rights, and they know how to quickly rid themselves of uncomfortable feelings and harmful secrets.

In this book, children learn to set boundaries, listen to their gut feelings and protect themselves from sexual abuse.

Target Readership

Children aged 5–7 years and their parents as well as kindergarten teachers, educators, psychologists and psychotherapists seeking to protect children from sexual abuse

Author Information

Elisabeth Jäcklein-Kreis, Munich, is a freelance media educator, author and editor.

Andrea Naumann, Aachen, works as a freelance illustrator, cartoonist, storyboard and courtroom artist.



Making a home in nonparental care

- Support for children in foster families or residential groups
- Emotional processing via identification with the protagonists
- Includes information and a question/discussion game

Anna Kampschroer

Welcome to Your New Home

A story for children in foster families and residential groups.

135 pages.

(978-3-497-03247-1) pb

€ 23.90

Target Readership

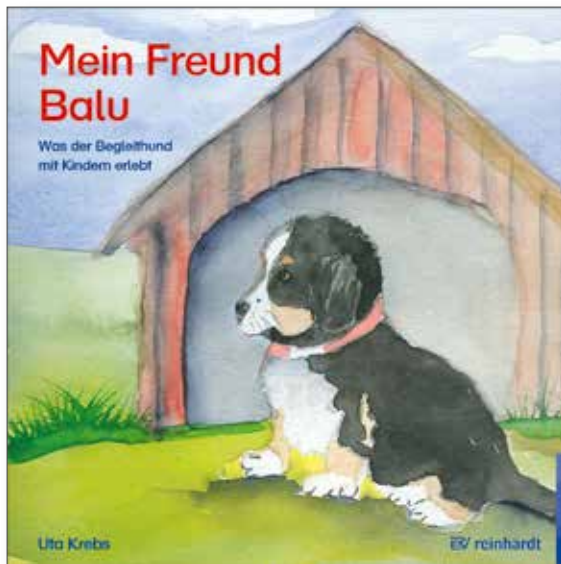
Foster children, foster parents, (social) education workers, psychotherapists, psychologists

Janis lives with his neighbour »Grandma« Wallner, because his parents are unable to take proper care of him. He will soon be moving again, and going to live with his new foster family. Grandma Wallner tells him the story of the abandoned lion Leo in an attempt to make his farewell a little easier. With the help of Berta the elephant, Leo looks for a new lion family. At the end of an adventurous journey, Leo is welcomed by a foster family where he feels safe and well cared for.

The protagonists in this fictional framework-cum-animal fable offer children who are unable to remain with their families an empowering opportunity for self-identification. Despite difficult situations, they do not give up, instead keeping their courage and confidence.

Author Information

Anna Kampschroer, based in Barntrup, grad. social education worker, is a child and youth psychotherapist (Depth-Oriented Psychotherapy) with 20 years' experience in private practice. She has further training in fields including out-of-home care and many years' experience in juvenile residential facilities as a professional foster mother.



Preparing for the work with therapy dogs

- Picture book for dog-assisted educational work
- For setting realistic expectations, understanding dogs and reducing fear
- Age recommendation: 3–7

Uta Krebs
My Friend Baloo
 The therapy dog's adventures with children
 2020
 39 pages. Coloured interior.
 (978-3-497-02949-5) hb
 € 14.90

Target Readership

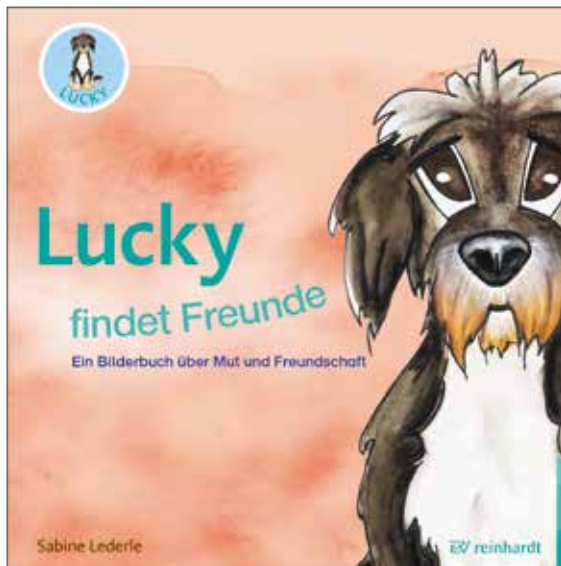
Educational specialists who use dog-assisted therapy in their work with children, e.g. in kindergartens, counselling centres and in the field of early support, etc.

When Bernese Mountain Dog Baloo plays with the children at kindergarten, amazing things happen. Normally shy Michel builds a treat-catching machine for Baloo. And the words gush out of Annika's mouth like a fountain – although she never usually speaks! Baloo, the therapy dog, works with his mistress at a kindergarten and a child guidance centre. He relates how he was trained as a therapy dog and tells readers about his experiences with the children.

The story introduces children to a dog-assisted setting and serves to familiarise them with dogs, thus reducing potential fear. In the evening, Baloo thinks about everything he did with Michel, Annika and the others. He's happy that the children can now do so many things on their own. Lying in his dog blanket, he dreams of the cheese biscuits they baked for him.

Author Information

Uta Krebs, a child care worker and motor activity therapist, performed dog-assisted work at a kindergarten and a child guidance centre for many years.



Social Competences

- Suitable for children with socio-emotional difficulties
- Picture book for reading aloud to children
- Age recommendation: 5–7

Sabine Lederle
Lucky Finds Friends
An picture book on
friendship and courage
2020
34 pages. Four-coloured inside.
(978-3-497-02980-8) hb
€ 18.90

Lucky is neither big nor small, he has tousled fur and he loves digging holes. Just like any ordinary dog! But when Lucky meets other dogs, he's anything but friendly: he growls, barks and snarls. Because he's so aggressive, he's shunned by the others and often feels alone. But when Lucky finds himself in an emergency, he reflects on his behaviour and has the courage to change it.

The book is suitable for reading aloud, e. g. at kindergartens and primary schools, and encourages children to participate by asking questions. It addresses the topics of self-esteem, courage, honesty and friendship and can be used as study material on the topic of »social learning« in a group or in individual settings.

Target Readership

Child care workers, social education workers, teachers of children with special needs, teachers, including those at schools for children with learning difficulties, parents

Author Information

Sabine Lederle, a child care worker, grad. social education worker and specialist for animal-assisted social work, is the founder of »dogik – Pädagogik mit Hund«, a further education centre for animal-assisted education, and also works at a school in the Offenbach am Main, Germany, district.



Dealing with Bullying

- Teaches how to ask for help in difficult situations
- Age recommendation: 6–9

Sabine Lederle
Lucky and the Secret
 How to escape a difficult situation
 2020
 38 pages. Four-coloured inside.
 (978-3-497-02981-5) hb
 € 18.90

When Lucky's mistress has to work long hours, he spends his time at an afternoon care facility with other dogs. One day, the big white dog Grudge puts pressure on Lucky and threatens him. Grudge won't let Lucky tell anyone else. How can Lucky get out of his difficult situation? After all, you can't betray a secret ... can you?

This joining-in book for reading aloud gets children involved in the story via specific questions. It shows how trust and friendship can help us escape emotionally stressful situations, and teaches children how to deal with »bad« secrets. It can be used as study material on the topic of »social learning« in school classes, small groups or in individual settings.

Target Readership

Child care workers, social education workers, teachers of children with special needs, teachers, including those at schools for children with learning difficulties, parents

Author Information

Sabine Lederle, a child care worker, grad. social education worker and specialist for animal-assisted social work, is the founder of »dogik – Pädagogik mit Hund«, a further education centre for animal-assisted education, and also works at a school in the Offenbach am Main, Germany, district.



Stories for Children with FASD

- Why children with FASD don't always tell the truth
- Facing empathy and self-understanding
- Age recommendation: 6–12

Katrin Lepke/Britta Hügel

Elfi in Fantasy Land

Stories from everyday life with FASD
 With download material.
 2022, 63 pages.
 (978-3-497-03104-7) pb
 € 16.90

Target Readership

Children with FASD and their (foster) families/caregivers, educators, therapists and school social workers

Elfi is a girl who really just wants to be like everyone else. But when she talks about her everyday experiences, her stories often sound completely implausible. Is she just making all this up to make herself seem important? No! Elfi is a special child who has FASD, Foetal Alcohol Syndrome, and who perceives the world differently.

This lovingly illustrated children's book for reading independently or aloud takes young readers on a journey into Elfi's everyday life. The child-friendly language allows them to immerse themselves in the little girl's adventures, which address fundamental topics including »cognitive perception« and »fantasy and lies«.

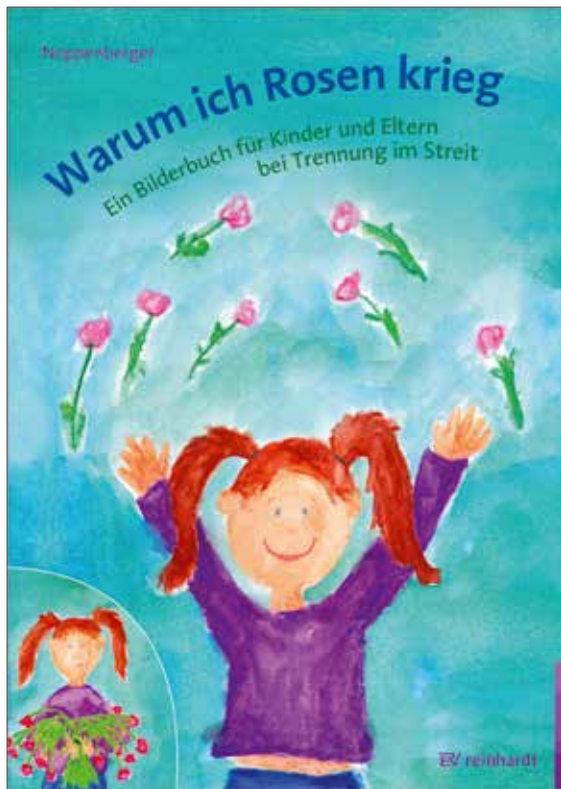
In addition to information about FASD, the download material contains a host of practical tips for day-to-day life.

Author Information

Katrin Lepke, Mutterstadt, is a certified trauma educator and deputy chairperson of the association FASD Deutschland e.V. She conducts further training on FASD for employees in administrative offices, parents, caregivers and therapists and is the adoptive and foster parent of three children with FASD.

Britta Hügel is a graduate social education worker (UAS) and a certified trauma educator. She works at a special school for holistic development in Ludwigshafen. There, she not only looks after pupils with FASD, but also advises and accompanies their parents and caregivers.

Sascha Peter Weiß, Illustrator, has been a tattoo artist for 18 years and lives in Lustadt in the Palatinate region. He has already illustrated a children's book on the subject of Down's syndrome.



Helping children of divorce

- Makes adults aware of children's problems
- Empowers children of estranged parents to deal with loyalty conflicts
- Age recommendation: 3–10

Anke Noppenberger

A War of Roses

A picture book for children and parents during acrimonious separations

With a foreword by Johannes Bach.

2022, 56 pages.

(978-3-497-03106-1) hb

€ 24.90

Frieda's parents have separated. However, they still argue a lot and the children are stuck in the middle. In this illustrated book, Frieda reveals to readers of all ages how she and her brother Fred experience this situation and explains why she feels she is caught in »A War of Roses«. In simple words and pictures, Frieda describes her own emotional chaos, conflicts of loyalty, parental access and her hopes for a happy and harmonious future.

Where can Frieda and her family get support? Frieda seeks to pass on her experience and hopes to all children and parents who find themselves in a similarly challenging family situation. An information section for adults explains the consequences of highly contentious separations or divorces and parent-child estrangement, listing possible solutions.

Target Readership

Children and parents (from families engaged in the process of separation), professionals in (educational) counselling, psychotherapy, child and youth welfare, kindergartens and schools

Author Information

Anke Noppenberger, social education worker (B.A.), has many years of experience in the fields of residential youth welfare, socio-educational family support and work with foster children.



Caught in the net?

- Easy to read for young people with linguistic or cognitive limitations
- Includes story related questions to aid deeper understanding
- Age recommendation: aged 12 plus; young adults.

Claudia Schäfer

Chatting with Strangers?

Protection from abusive online contacts
With illustrations by Beata Zurawska.

2022, 88 pages.

(978-3-497-03078-1) pb

€ 19.90

Target Readership

Linguistically or cognitively limited adolescents aged 12+ or young adults as well as their parents and professionals (teachers, educators, social education workers, special education teachers, psychologists, psychotherapists and paediatricians)

Sophie's finally got a mobile phone! She meets Alex in a chat room. He's already 32. And pretty cool. He asks her questions. He pays her compliments. That feels nice. But then Alex wants photos. And asks her to do things she doesn't really want to do. How can she get out of it?

»Cybergroomers« like Alex contact minors and young adults online, establish an emotional bond with them and then persuade them to take nude photos or meet up and even perform sexual acts. Sophie's story is told realistically, without admonitory finger-wagging.

Adolescents with cognitive or linguistic limitations can read the story themselves in simple language. Textual comprehension is consolidated by tips for young people affected and questions about the story. The book is complemented by an online information section and an internet contract.

Author Information

Claudia Schäfer, Untermünkheim near Schwäbisch Hall, is a teacher at a special needs education and counselling centre where she works with adolescents. She is an author and a translator for easy and simple language.

Relaxation for children



Franz Schneider/Matze Döbele
The Space Mission

A picture book with relaxing stories to read and listen to.

With an audio download of the stories and online guide.
2022, 32 pages.

(978-3-497-03097-2) hb
€ 22.00

Target Readership

Children (5-10 years), parents, kindergarten teachers, educators, psychologists, psychotherapists

- Exercises for reducing stress, anxiety and sleeping difficulties
- Listening, practicing and relaxing – all at once!
- 4 audio downloads included
- Age recommendation: 5–10

Take a deep breath ...and off you go into space! Astronaut Violetta sets off on adventurous space missions from her playroom. She takes all children with her who need a real break from the demands of everyday life. To keep a cool head on the exciting journey, Violetta has packed playful relaxation exercises into the text and pictures: they come from progressive muscle relaxation and autogenic training, the most proven relaxation methods for children.

A unique mixture of picture book and relaxation stories – particularly suitable for children with anxiety, school stress, fears, sleep problems or concentration difficulties. With additional online material and three audio stories to download.

Author Information

Franz Schneider (text) is a senior psychologist (M.Sc.) and trauma therapist working at the Trauma Outpatient Clinic in West Holstein. He also works in private practice in Hamburg.

Matze Döbele (illustration) is a freelance illustrator and children's book author who lives with his family in Hamburg. Among other prizes, his illustrations have received the German-French Youth Literature Award.

Emotional self-regulation for children

- Identifying needs, managing feelings
- Activity pages to help children reflect
- Age recommendation: 4–9



Julia Schneider/Marlene Monzel
Mona and the Magical Ladder of Feelings
Emotional regulation and physical regulation magically explained
2023, 48 pages, coloured inner section.
(978-3-497-03181-8) hb
€ [D] 29.90

Target Readership

Child care workers, educators, psychologists, psychotherapists and paediatricians mediating for arguing parents, children or families in conflict, as well as children and parents

Family can sometimes be exhausting. This is particularly true when Mona gets angry during an argument, Mum gets annoyed with her and all Mona wants to do afterwards is to run away and hide... Good thing Mona has Uncle Merlin! He uses compassionate metaphors and a »ladder of feelings« to explain to Mona what goes on inside her emotionally during an argument and how she can calm herself down.

The pictorial representation of inner processes helps children to feel and understand themselves better. Stress reactions such as fight, flight and freeze are explained in a playful way. Activity pages encourage children to try things out. The book includes extensive online material for adults featuring psychological background knowledge on the topics of conflict culture and self-regulation. The attractive watercolours teem with details and invite you to pick up the book again and again.

Author Information

Julia Schneider is a graduate psychologist and works as a systemic therapist in private practice in Darmstadt. Her focus is on family, partnership and child development.

Marlene Monzel is an educator, artist, illustrator and yoga teacher based in Freiburg im Breisgau, Germany.

Taming the tic monster



Katja Wayán / Natascha Berger

The Little Throat-Clearing, Winking Monster

An illustrated book on the subject of tic disorders and Tourette's syndrome 2023, 48 pages, coloured inner section.

(978-3-497-03182-5) hb

€ 22.00

Target Readership

Children with tic disorder or Tourette's syndrome, their parents, as well as child care workers, teachers, educators, psychologists, psychotherapists and paediatricians

- Understanding Tic-disorders and Tourette syndrome
- Helps children understand and develop empathy around tics
- Encouraging book with tips for children
- Age recommendation: 6–10

Chrchr...chrchr...Lion often sounds like this. More precisely: Lion's throat-clearing, winking monster often sounds like this. Sadly, it's always there, whether in class or at home. And when Lion feels stressed, the monster gets even bigger and louder. Lion thinks he's the only one with this sort of uninvited guest which never goes away... until he meets Ella, that is. She has a twitching, sniffing monster and has even tamed it! She's got tips from her monster whisperer, the psychotherapist: e.g. blow stress away, use your imagination, talk about your worries... As he takes this advice to heart, Lion's monster quickly becomes a little monster.

The book shows affected children that they don't have to be ashamed of either their tics or of having Tourette's. And you're not alone in this either. The book also includes more tricks for monster-taming on its activity pages, while useful information materials are available for adults online.

Author Information

Katja Wayán, based in Vienna, works as a clinical psychologist at the Vienna Children and Youth Services with children, adolescents and families in difficult life situations. Her stories are intended to help children find an approach to difficult topics and deal with them creatively.

Natascha Berger, from St. Pölten, is a graduate illustrator, graphic designer and author. Her projects combine her interest in psychosocial, inclusive topics with her enthusiasm for imaginative worlds.

Don't be Afraid of Maths!

- Encouragement and relief for children with dyscalculia
- Age recommendation: 7–10



Hans-Ulrich Zoller

Mea and the Turtles

An encouraging story for children with numeracy difficulties

With illustrations by Beata Zurawska.

With a preface by Karin Kucian.

2021, 33 pages.

(978-3-497-03035-4) hb

€ 16.90

Target Readership

Learning therapists, teachers, educators, parents

Mea lives on a small island in the North Sea. She is creative, loves to play on the beach and dreams of studying turtles one day. But there's one thing Mea doesn't like at all: maths. The thought of maths tests at school gives her stomachache, and the homework frustrates her. Thank goodness for the old captain. Through him, Mea learns about her strengths and realises that she doesn't have to be powerless in the face of her numeracy difficulties. And, in the end, Mea gains a sense of achievement that gives her courage.

Mea's story is meant to encourage children with dyscalculia and show them that they are not alone. Strengths are brought into the focus, perspectives are changed and confidence is conveyed.

Author Information

Hans-Ulrich Zoller, Aalen, Germany, is a primary and secondary school teacher and has mentored many children with dyscalculia as a certified dyscalculia therapist (BVL: Federal Association for Dyslexia and Dyscalculia) and educational relaxation therapist.

Beata Zurawska M.A. studied painting and art history in Lublin, Poland. She has been living near Berlin, Germany, as a freelance illustrator and graphic designer since 2015.

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