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Animal Assisted Interventions

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Contents

**Michael Baumgartner/Petra Koch/Souris Reiter /
Silvia Thielen**

Game Cards for Dog Assisted Interventions
For Dog Assisted Educational Practise..... 3

Andrea Beetz /Meike Riedel/Rainer Wohlfarth (eds.)

Animal Assisted Interventions..... 4

Andrea Beetz

Dogs in Schools' Everyday Life..... 5

Andrea Beetz /Meike Heyer

Reading Programme with Dogs..... 6

Cosima Boyle

Llamas and Alpacas in Educational Aid
of Children and Teenagers..... 7

Charlotte Darga/Dorothea Dapper

Animal-Assisted Systemic Therapy..... 8

Mareike Domin

100 Prompt Cards for Canine-Assisted
Psychotherapy..... 9

Marianne Gäng (ed.)

Experiential Education Using Horses..... 10

Marianne Gäng/Sibylle Schürch-Gäng (eds.)

Therapeutic Riding..... 11

Karin Hediger/Roswitha Zink

Equine Assisted Trauma Therapy..... 12

Anne Kahlisch Markgraf

Animal Assisted Interventions for
People with Dementia..... 13

Hildegard Kiehne

A Treasure Trove of Riding, Leading and Vaulting..... 14

Martina Kirchpfering

Dogs in Social Work with Children and Teenagers..... 15

Caroline Kohlmeier

An Animal-Assisted Approach to Work..... 16

Judith Schmidt

The Donkey in Animal Assisted Interventions..... 17

Rainer Wohlfarth/Bettina Mutschler

Practice of Dog Assisted Therapy..... 18



140 games and exercises for dog assisted education and therapy

- Sorted by promotion fields and colour-coded
- Learn how to integrate dogs into educational practice

Michael Baumgartner/Petra Koch/Souris Reiter/Silvia Thielen
Game Cards for Dog Assisted Interventions For Dog Assisted Educational Practise
4th edition 2021
165 cards.
(978-3-497-03066-8) Card Box
€ 49.90

These playing cards are a collection of 140 games and exercises for dog assisted education and therapy. The games are ideal for children between the age of three and twelve.

The games are sorted by promotion fields and colour-coded. They provide many possibilities to integrate the dog into educational practice at school, children daycare centres and at special educational as well as therapeutic institutions and the like.

By using the game cards children learn about the dog's needs in individual exercises, small group exercises and circle games. Furthermore, the dog acts as a motivator, e.g. the promotion of social-emotional, mathematical or motor competences. Thanks to the handy card format the games can easily be selected and brought before class.

Target Readership

Remedial, social and early childhood teachers, educators, teachers as well as therapists who wish to deploy dogs in their work with children between the age of three and twelve years

Author Information

The authors are all trained in dog assisted education and therapy and work with their own school and therapy companion dogs.

Michael Baumgartner, Haan, Germany, is a special play and remedial teacher for psychotherapy running his own practice.

Petra Koch is a primary school teacher and is head of AC School Dog Cologne, Germany.

Souris Reiter is a social worker in Haan, Germany.

Silvia Thielen, Kürten, Germany, is a teacher for primary and secondary schools.

Key principles of Animal Assisted Interventions

- Overview regarding the use of various animals
- Includes contributions by 35 professional experts



Andrea Beetz / Meike Riedel / Rainer Wohlfarth (eds.)

Animal Assisted Interventions

Guide for Education and Training
2nd updated edition 2021
486 pages. 11 illustrations. 7 tables.
(978-3-497-03045-3) pb
€ 46.00

Target Readership

All those active in the field of animal assisted interventions

The active involvement of animals constitutes an ideal approach in many therapeutic, medical and educational contexts. Positive basic attitudes such as appreciation and a resource-, context- and solution-oriented approach, in addition to the application of a variety of methods, ensures that animal assisted work can be used as a valuable tool.

This reference book describes methods and approaches to animal assisted interventions, and provides a broad overview of current standards in research and practice. It summarises relevant knowhow in one volume, and acts as a useful manual on all questions relating to animal assisted interventions.

Topics include fundamental theories and models, a range of settings, specific challenges concerning work with animals and various fields of application and husbandry conditions.

Author Information

Prof. Dr. **Andrea Beetz**, grad. psychologist, is a private lecturer at the Institute for Special Educational Developmental Support and Rehabilitation at the University of Rostock, Germany, President of the International Society for Animal Assisted Therapy (ISAAT) and board member of the International Association of Human-Animal Interaction Organizations (IAHAIO).

Dr. **Meike Riedel**, grad. sports scientist, is a research assistant at the Institute of Sports and Sports Science at the Technical University of Dortmund, Germany, and a FN-consultant.

Dr. **Rainer Wohlfarth**, Sasbachwalden, Germany, is a psychological psychotherapist and applies animal assisted approach to his work with dogs and donkeys. He is also President of the European Society for Animal Assisted Therapy (ESAAT) and Vice-President of ISAAT.



Schools need dogs!

- Learn everything about the perfect school dog
- Suggestions and ideas for deploying dogs at all school types

Andrea Beetz
Dogs in Schools' Everyday Life
Basics and Practice
5th updated edition 2019
159 pages, 15 illustrations
(978-3-497-03075-0) pb
List price: € 26.00

Target Readership

Teachers, educators and (social) pedagogues in training and at work, who wish to deploy dogs at school, people in charge at schools

School dogs are becoming more and more popular and can be found at a constantly growing number of schools. But why does it make sense to take a dog to school with you? What does the perfect school dog look like and what are the things teachers and pedagogues should pay special attention to?

The author provides answers to these and other questions on the basis of a solid scientific background. Among other things, she presents an explanation model regarding why and how the deployment of dogs at schools can have a positive impact on educational processes.

By providing more information on dog training and dog handling, legal basics and other topics, the book becomes an indispensable reference work for all who wish to deploy dogs at schools.

Author Information

Prof. Dr. **Andrea Beetz**, grad. psychologist, is a private lecturer at the Institute for Special Educational Developmental Support and Rehabilitation at the University of Rostock, Germany, President of the International Society for Animal Assisted Therapy (ISAAT) and board member of the International Association of Human-Animal Interaction Organizations (IAHAIO).



Reading with dogs

- What exactly is the effect a dog has on reading?
- Focused on practical work

Andrea Beetz / Meike Heyer

Reading Programme with Dogs

Basics and Real-Life Work

2nd updated edition 2020

131 pages. 18 illustrations. 2 tables.

(978-3-497-02997-6) pb

€ 24.90

Target Readership

Teachers, (social) pedagogues on the job and during training, who wish to deploy dogs with reading programmes

Some children have particularly great difficulties when it comes to learning how to read. Dogs can be a valuable in motivation, calmness support, concentration enhancement and create fun while reading.

The authors present various approaches of »reading with dogs« and explain, apart from basics on reading competence, the indicators and background of these positive effects. They go into details with the pedagogical preconditions of dogs, educational professionals, children and surroundings. Vivid examples give an insight into real-life work with dog assisted reading programmes.

Author Information

Prof. Dr. **Andrea Beetz**, grad. psychologist, is a private lecturer at the Institute for Special Educational Developmental Support and Rehabilitation at the University of Rostock, Germany, President of the International Society for Animal Assisted Therapy (ISAAT) and board member of the International Association of Human-Animal Interaction Organizations (IAHAIO).

Meike Heyer, M.Ed., has studied special pedagogics and is a specialist on the deployment of dogs at schools in Germany.

Supportive llamas and alpacas

- Introduction into educational work with llamas and alpacas
- Specific interventions for various target groups



Cosima Boyle

Llamas and Alpacas in Educational Aid of Children and Teenagers

With a preface by Ewald Isenbügel
4th edition 2022
122 pages, 26 illustrations.
(978-3-497-03120-7) pb
€ 24.90

Target Readership

Students of mentally handicapped education, students of special and inclusion education, students in the field of extra-curricular education interested in working with llamas and alpacas.
Llama- and Alpaka-Farmers interested in providing pedagogical or recreational activities (Llama-Trekking, Llama-Tours)

»Do they spit?« – »Can I ride on them?« – »Do they bite?« There are many questions when confronted with llamas and alpacas for the first time. Llamas fascinate many people thanks to their calm ways radiating an enigmatic aura.

Apart from the basics on llamas and alpacas, the author explains the possibilities and limits of these animals assisted therapeutic work. She describes possible offers for various target groups, such as children and teenagers suffering from ADHD, depression and autism.

Thanks to many vivid examples llamas and alpacas become alive in front of the reader's eyes, they also turn this book into a well-made introduction into educational work with these animals.

Author Information

Cosima Boyle, graduate pedagogue, works in the field of children and youth work in the district of Gifhorn, Germany, and offers animal assisted pedagogics with llamas and alpacas on her farm in the Altmark region.



Rabbit, dog and chicken

- Introduction to systemic and animal assisted work
- For educational, therapeutic and social work

Charlotte Darga/Dorothea Dapper
Animal-Assisted Systemic Therapy
Solution- and resource-oriented
approaches
to animal-assisted interventions
2022. 160 pages. 71 illustrations.
(978-3-497-03141-2) pb
€ 24.90

Target Readership

Educators and therapists who work with
animals

Is it true that we're all the architects of our own fortunes? Yes, but we're not alone! Systemic therapy views people not only as individuals, but as invariably integrated within their social environment, their system. Instead of focusing on the presenting problem, the emphasis is placed on existing resources within the system that can contribute to the resolution and the achievement of a specific goal.

This book makes an innovative contribution to the integration and professionalisation of systemic and animal-assisted work. Animals as diverse as sheep, dogs or chickens can all assist the process in a creative manner. The authors are particularly concerned with the animals' integration within the interventions in a conceptually meaningful and enriching way for all participants. In doing so, they describe a variety of intervention options that are also effective in complex and multiprofessional settings.

Author Information

Charlotte Darga, Gütersloh, has a degree in education, is a systemic child and youth therapist, a systemic supervisor (SG – Systemic Society), a specialist in animal assisted intervention (ISAAT), a coach for human-dog teams and a lecturer and head of the training initiative »Visit on 4 Paws« (»Besuch auf 4 Pfoten«).

Dorothea Dapper, Marl, has a degree in social work, is a systemic family therapist with further training in the field of »Supervision Fundamentals« (German Association for Systemic Therapy, Counselling and Family Therapy-DGSF), a specialist in animal-assisted therapy/intervention (ISAAT) and head of the Institute for Systemic and Animal Assisted Therapy.



Four paws for psychotherapy

- Card set for canine assisted psychotherapy
- Individual & group therapy, adults and children

Mareike Domin
100 Prompt Cards for Canine-Assisted Psychotherapy
With an online guide.
2022
103 cards. DIN A6.
(978-3-497-03098-9) cards
€ 39,90

Target Readership

Psychotherapists, psychologists, doctors, social education workers and educators

Dogs are commonly referred to as man's best friend. How can this connection be used in psychotherapy in addition to a dog's reassuring presence?

The prompt cards and accompanying online guide provide answers to this question.

Classical therapy techniques such as cognitive restructuring are applied to the work with the dog. During their work with a therapy assistance dog, clients learn about their strengths and resources, increase their self-esteem, improve their emotion regulation and transfer what they have learned to everyday life.

The cards are suitable for therapeutic use with children, young people and adults.

Author Information

Mareike Domin, M.Sc. in psychology, is a psychological psychotherapist (behavioural therapy; child and youth psychotherapy; animal assisted work) in a rehabilitation clinic in Felsberg.



Horse riding and experiential pedagogy

- A treasure trove for everyone working in the field of Equine-assisted Interventions
- Successful overview with fascinating suggestions

Marianne Gäng (ed.)
Experiential Education Using Horses
Tried and Tested Projects From the Field
5th edition 2023
213 pages. 81 illustrations.
(978-3-497-03178-8) pb
€ 29.90

Target Readership

All those who (wish to) work in the field of therapeutic pedagogical stimulation with horses

One can no longer imagine working with children and adolescents without including experiential pedagogy. This book encourages the incorporation of horse riding into this work and offers an abundance of projects and ideas.

The authors are riding pedagogues and therapists who ride and their projects are exciting – sometimes serious, sometimes playful, always within a pedagogic framework or with therapeutic goals. The necessary conditions, goals, possibilities and limits of experiential pedagogy using horses are clarified. This book is a treasure trove for all those who use horses in experiential pedagogy or are planning to do so.

Author Information

Marianne Gäng (1934–2019), graduate social pedagogue, was founder of the Schweizer Gruppe Therapeutisches Reiten (SGTR; Swiss Group Therapeutic Riding) and manager of the COLLEGIUM for training at SGTR.



Equine Assisted Therapy

- A comprehensive standard work already in its 4th edition!
- Required reading for all professionals in the field

Marianne Gäng/
Sibylle Schürch-Gäng (eds.)

Therapeutic Riding

4th edition 2021

290 pages. Interior dual-coloured.

(978-3-497-03037-8) pb

€ 29.90

The revised and re-designed 4th edition of the editor volume »Riding Therapy« is now entitled »Therapeutic Riding«. Therapeutic riding contributes to easing psychosocial problems and disorders. It is also successfully deployed in the treatment of physical disorders and disabilities.

Marianne Gäng and her team of authors provide a comprehensive overview of approaches, areas of deployment, indications and counter-indications of therapeutic riding, such as hippotherapy, logopedics, psycho-motor activity or psychotherapeutic professions. Vivid practical examples round off this volume.

Target Readership

All those who (wish to) work in the field of therapeutic pedagogical stimulation with horses

Author Information

Marianne Gäng (1934–2019), graduate social pedagogue, was founder of the Schweizer Gruppe Therapeutisches Reiten (SGTR; Swiss Group Therapeutic Riding) and manager of the COLLEGIUM for training at SGTR.

Sibylle Schürch-Gäng is a riding teacher/riding therapist SG-TR and former training manager.



Creating trust with horses

- Scientifically substantiated trauma therapy with horses
- Diagnosis, planning and implementation

Karin Hediger/Roswitha Zink

Equine Assisted Trauma Therapy

2nd updated edition 2020

164 pages. 24 illustrations. 3 tables.

(978-3-497-02967-9) pb

€ 24.90

Target Readership

Psychotherapists and specialists active in the field of equine assisted therapy who perform therapeutic work with traumatised children, adolescents and adults

With a basis in scientifically substantiated trauma-therapeutic concepts and the current state of research on equine assisted work, methods and prerequisites the limitations and risks are vividly described. The authors use the case study of 16-year-old Hannah and Tamino, her therapy horse, to provide insights into the workings of equine assisted trauma therapy. Which quality assurance measures are available? Which therapeutic qualifications are important? And how can the selection, training and care of the therapy horse be carried out successfully?

The book provides an overview of the effects and implementation of equine assisted interventions in trauma therapy, thus establishing a basis for the advancement of this therapeutic field.

Author Information

Dr. **Karin Hediger**, psychologist specialising in psychotherapy and riding therapist (Swiss Group for Therapeutic Riding, SG-TR), works as a psychotherapist at the Psychotherapy Institute at the University of Basel, Switzerland, and at the REHAB Clinic Basel.

Roswitha Zink, Mag., riding therapist and horse trainer (Austrian Board of Therapeutic Riding (ÖKR), Austrian Equine Sports Association (ÖPS), works for the e-motion association at the Institute of Social Medicine at the Otto Wagner Clinic and at the Lichtblickhof Children's Centre in Vienna, Austria, in the field of equine assisted therapy with children and adolescents.



Animals as valued companions for dementia sufferers

- For different stages of dementia
- Descriptive practical examples and photos

Anne Kahlisch Markgraf
**Animal Assisted Interventions
for People with Dementia**

2020
164 pages. 80 illustrations.
(978-3-497-02940-2) pb
€ 24.90

Target Readership

Professionals working in retirement and nursing homes, clinics, outpatient and day care centres and education institutions for senior citizens, decision-makers in the care sector, providers of animal-assisted interventions, relatives of people with dementia

Stroking an animal brings a smile to everyone's face. Animals also have an extremely positive effect on people with dementia. They provide affection, ensure well-being and security and help sufferers to express themselves. People with dementia live in their own worlds – and animals can be an immense help when it comes to reaching them.

The author describes animal-assisted interventions for people with dementia in a practical way, using clear examples. She explains the relevant legal foundations and provides numerous ideas for activities with dogs, cats, rabbits, guinea pigs, birds, fish and other animals suited to those in different stages of dementia. The ideal practical beginners guide to animal-assisted interventions for dementia sufferers!

Author Information

Anne Kahlisch Markgraf, Brandenburg, Germany, a graduate social educationalist, specialises in animal-assisted work with dogs and horses. She works with various animals in retirement homes, among other places, and is a lecturer in the field of animal-assisted interventions.



Fun and games with horses

- **Compilation of games and exercises**
- **With over 100 ideas and suggestions**

Hildegard Kiehne
**A Treasure Trove of Riding,
Leading and Vaulting**
Entertaining Games and Exercises with
Children
3rd edition 2021
145 pages. 85 illustrations. Coloured
interior.
(978-3-497-03089-7) pb
€ 22.00

Target Readership

Psychotherapists and specialists active
in the field of equine assisted therapy
who perform therapeutic work with
traumatised children, adolescents and
adults

Riding on a magic horse through the woods in the guise of a fairy, or facing one's adversaries as a knight on his proud steed – the numerous riding, vaulting and leading exercises and games, including detailed descriptions, ensure that some children's dreams will come true. The games and exercises are designed for children of various age groups in the fields of both leisure and therapeutic education.

In the process, the emphasis is placed on the mindful and respectful handling of the horses involved. Lovingly designed downloadable certificates and passports continue to remind the children of their unforgettable experiences with the horses after the event.

This compilation of games and exercises guarantees that the children, their supervisors and the horses will never get bored!

Author Information

Hildegard Kiehne, state-certified child care worker with an additional qualification as a riding therapist in the field of therapeutic education, has been working at an alternative school in the Harz region, Germany, since 2001, where she follows an animal assisted approach.

Canine companions

- Instructions on planning and carrying out projects
- For all areas of work with children and teenagers



Martina Kirchpfening
**Dogs in Social Work with
 Children and Teenagers**
 4th updated edition 2024
 160 pages. 17 illustrations.
 (978-3-497-03269-3) pb
 € 29.90

Target Readership

Social pedagogues, social workers and educators who want to deploy dogs at work

In the field of social work, the deployment of accompanying dogs can support the development of a personality of children and teenagers and stimulate important learning processes. But when do dog assisted measures make sense from a pedagogical point of view? What are the personal, institutional, organisational and legal preconditions that need to be clarified first? And which training and further education options are out there?

The answers are provided vibrantly and clearly by the author concerning these and other questions. She shows opportunities and restrictions of social work with dogs, describes

numerous deployment options in the major fields of social pedagogic work and provides hands-on instructions on how to plan and carry out projects.

Author Information

Martina Kirchpfening is a social worker and managing director of Kreisjugendring (Regional Council of Youth Groups) Freyung-Grafenau, Germany. She has trained two dogs herself for deployment in the field of social work.



Foundations of canine-assisted work

- Opportunities and limitations of dog use
- Online material explains »dog language«

Caroline Kohlmei
An Animal-Assisted Approach to Work
Introduction to an educational and social practice with dogs
2023, 128 pages., 34 illustrations, 2 tables.
(978-3-497-03179-5) pb
€ 24.90

Target Readership

Educational and psychological specialists as well as social workers, teachers, associations, institutions and dog owners seeking to work with dogs

Would you like to do canine-assisted work, but don't quite know where to start? Some questions must be answered to help you reach your goal. What requirements should my dog fulfil and what should I bear in mind as an owner? What training and/or further education is required for me and my dog? What are the stumbling blocks and how can a professionally sound, effective canine-assisted project succeed?

This book provides initial orientation and lists possible spheres of application – such as youth facilities, kindergartens, residential groups, schools and counselling centres. A checklist for a quick overview is helpful, while tips on projects and practical exercises provide concrete examples of how it can be done.

Author Information

Caroline Kohlmei, grad. educator, based in Berlin, is an educationalist and specialist in animal-assisted therapy who has been running children's and youth facilities for over 20 years. Active in a counselling context, she is also a lecturer in the animal-assisted field at establishments including the Alice Salomon University of Applied Sciences in Berlin.

How donkeys help healing

- Information on the donkey and its abilities
- Tips on husbandry, training and use of donkeys



Judith Schmidt

The Donkey in Animal Assisted Interventions

2nd edition 2022

153 pages. Numerous photographs
(978-3-497-03136-8) pb
€ 24.90

Target Readership

All therapeutic or educational personnel intending to use donkeys in animal assisted therapy or who are already working with them

Donkeys are totally on trend! Their likeable appearance and calm exterior have a soothing effect on people, with the result that increasing demand exists for their services in animal assisted activities. This compendium of all things »donkey« conveys the basics – why which animal (breed, size, age, sex) is particularly suited to which target groups – and also where the limitations lie.

In addition to the various ways in which donkeys can be used in animal assisted interventions, legal questions are clarified and case studies illustrated with numerous photos effectively visualise the practical work. Here, the author imparts her knowledge, developed in the course of many years' experience of working with donkeys, as she directs readers' attention to the donkey's diverse talents, of which most practitioners in the field of animal-assisted therapy were perhaps unaware.

Author Information

Judith Schmidt, Burg-Reuland, Belgium, animal trainer, leads seminars on donkey assisted therapy, advises institutions and holds lectures on the use of donkeys in animal-assisted interventions across Europe.



Dog Assisted Therapy

- Basic knowledge about dog assisted interventions
- Practical tips for dog trainers and therapists

Rainer Wohlfarth/Bettina Mutschler
Practice of Dog Assisted Therapy
Basics and Deployment
4th updated edition 2022
243 pages. Interior four-coloured
(978-3-497-03135-1) pb
€ 33.00

Target Readership

Social pedagogues, social workers and educators who want to deploy dogs at work

Dog assisted therapy is becoming more and more popular, and the number of therapists who wish to integrate their dogs into their therapeutic work is growing. But why does it make sense to deploy a dog in therapy? What are the preconditions humans and dogs have to meet? What are the characteristics the ideal therapy dog needs to have, and what is it that therapists should focus their attention on?

The authors explain the current state of dog assisted therapy, in a scientifically well-founded manner as well as oriented towards practical deployment. They describe why the use of dogs in therapy can have a positive impact on therapeutic processes. This book is fundamental for all those who wish to deploy dogs in therapy.

Author Information

Dr. phil. **Rainer Wohlfarth** is head psychologist at Max Grundig Hospital, manages the Ani.Motion Institute for Animal Assisted Therapy at Anima Tierwelt in Sasbachwalden, Germany, and is president of the European Society for Animal Assisted Therapy (ESAAT).

Bettina Mutschler, Sasbachwalden, is a dog education consultant (education based dog training), Natural Dogmanship Instructor, coach and lecturer for animal assisted therapy in theory and practice.

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