



Reinhardt's Rights Guide 2022

Geriatric Care and Dementia



Dear Colleagues

With over 120 years of experience, the publishing house Ernst Reinhardt GmbH & Co KG is a family owned, independent publishing company and has, as of now, a backlist of almost 1,000 titles. We specialize, amongst others, in the fields of psychology, education, gerontology and social work and publish an average of 45 new titles every year.

Internationally known as quality research literature, our publications have been translated into more than 30 languages. Reinhardt Publishing co-operates with professional institutions and associations such as the German Association for Psychology or the Association for Bodypsychotherapy and is a member of utb GmbH – a university-focused joint venture of 16 German academic publishers.

If you are interested in a particular subject or in obtaining rights for any of our titles, please feel free to contact us for a personalized offer at foreignrights@reinhardt-verlag.de.

We look forward to hearing from you,

Alena Verrel

Head of Foreign Rights

Contents

Backhaus: Person-centred Counselling and Therapy for Loss and Grief.....3	Kahlisch Markgraf: Animal Assisted Interventions for People with Dementia 13
Baumann/Bünemann: Music therapy in Hospice Work and Palliative Care.....4	Kreuer: The Garden Year for People with Dementia..... 14
Broda/Dieter Käufer (eds.): Early-Onset Dementia.....5	Otte: Creative Book for My Grief..... 15
Chabot/Walther: Exit Strategy.....6	Schützendorf/Datum: Discovering, Experiencing and Understanding Otherland..... 16
de Klerk-Rubin: Dementia in the Family.....7	Tiesmeyer/Schuhmacher: Nursing Over the Lifespan..... 17
de Klerk-Rubin: Validation for First Responders.....8	Wetzel: Getting the Most from Life with Dementia.....19
Grabowski: The Difficult Farewell.....9	Wieschalla: Survival Tips for Parent Caretakers.....20
Helms: It's Not All Dementia!..... 10	Wormit/Hillecke/von Moreau/Diener: Music Therapy in Geriatric Care.....21
Helsper/Heier: Moments of Happiness for People with Dementia.....11	Zeller: A Birthday Gift.....22
Hunziker/Degen: Promoting Voice and Movement in Parkinson's Disease.....12	

To grieve is part of living



Ulrike Backhaus
**Person-centred Counselling and Therapy
for Loss and Grief**
2nd reviewed edition 2020
188 pages.
(978-3-497-02994-5) pb
List price: € 24.90

Practical therapeutic
strategies

Person-centred,
respectful and empathetic

Target Readership

Psychotherapists, bereavement counsellors, psychologists, social education workers, theologians in training and by profession.

What happens when grieving individuals are unable to find the strength to learn to live with their altered situations? Counselling or therapy can help them to cope. Carl Rogers' person-centred approach, which is based on respect and empathetic understanding of the person grieving, is particularly suitable.

The author provides an introduction to the fundamental principles of grief research and demonstrates how the person-centred approach is applied in grief counselling. Various reactions by grieving individuals and empathetic, helpful interventions are clearly described on the basis of numerous case studies. This unique method allows grief counsellors to support the bereaved on their personal journeys through the crisis.

Author Information

Ulrike Backhaus, Siegburg, Germany, is a graduate social education worker with further training in person-centred psychotherapy. She has been providing seriously ill, dying and grieving individuals with support in hospitals and hospices for many years, including at her own practice since 2004. She runs training courses and advanced courses in the fields of palliative care and bereavement counselling.

Coda of life



Martina Baumann/Dorothea Bünemann
**Music therapy in Hospice Work
and Palliative Care**

With a preface by Rolf Verres
2nd reviewed edition 2020
137 pages. 10 illustrations.
(978-3-497-02955-6) pb
List price: € 19.90

Improving patients' quality
of life with music

Accompanying seriously ill
and dying patients

Many case studies from
practical experience

Target Readership

Music therapists, psychologists, doctors, nursing staff and honorary helpers in hospice and palliative care facilities.

Terminally ill patients at a hospice or at a palliative care facility often suffer from the fact that the last days of their lives are characterised by medical technology and by maintaining the most important physical functions. In this stressful situation music can be soothing and music therapy is able to significantly improve the quality of life.

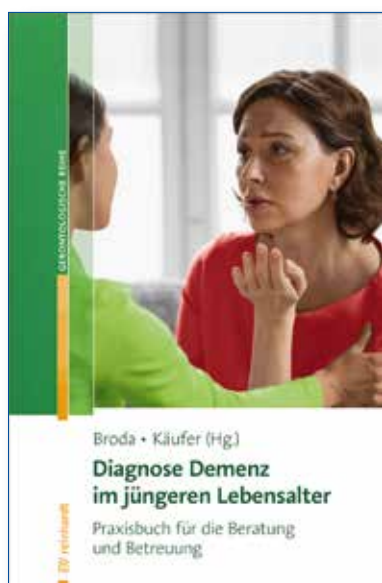
The authors talk about many case studies from their rich practical experience and how to deploy music therapy at hospice and palliative care facilities in an atmospheric way for the good of the patients. They give hints how to negotiate obstacles in clinical everyday life and how to get doctors, nursing staff and relatives involved. They also show how to pick up and deal with the need for spirituality and meaningful experiences of all parties involved and how to convey comfort in a musical way.

Author Information

Graduate music therapist Martina Baumann, Heidelberg, Germany, Hypnotherapist (M.E.I.), works at hospice and palliative care facilities, at further education facilities and as a visiting lecturer at Heidelberg University.

Graduate psych., graduate gerontol. Dorothea Bünemann, Heidelberg, Germany, runs her own practice as a music therapist, gestalt herapist (DVG) and psychotherapist (HP) and works at further education facilities.

I guess I'm the youngest here?



Bianca Broda/Dieter Käufer (eds.)

Early-Onset Dementia

Practical handbook for counselling and support
2022

147 pages. 2 tables.

(978-3-497-03107-8) pb

List Price: € 24.90

The latest specialist knowledge on a
challenging counselling topic

Practical advice for those providing
empathetic support

Target Readership

Professionals employed in Alzheimer's societies, care support centres, social counselling centres in hospitals and diagnostic institutions and other institutions offering counselling and support for people with dementia and their relatives, relatives.

People who are diagnosed with early-onset dementia, usually between 40 and 65 years of age, are confronted with special challenges: how will the increasing symptoms affect working life, family, future plans and quality of life in general?

This book provides professionals advising those diagnosed with early-onset dementia with an excellent framework for their demanding task. It includes the requisite specialist medical information on diagnoses, symptoms and progressions, as well as an overview of everyday topics such as forms of care and residential arrangements, counselling services, early retirement planning, partnership, etc. Real-life case studies illustrate how effective empathetic counselling can be. The focus is always placed on the individual, who must be understood in the context of their particular characteristics, wishes and needs.

Author Information

Dieter Käufer, a grad. social education worker, was the head of the Federal Workers Welfare Association's (AWO) Dementia Centre in Wolfratshausen for many years, and is also a member of the board of the Regional Association of Alzheimer's Societies in Bavaria and a speaker on all aspects of dementia.

Bianca Broda has a degree in social education and management and is a former director of the Alzheimer's Society in Munich. She currently works for the Federal Workers Welfare Association's (AWO) Regional Association Brandenburg Süd e. V. as head of the department of integration support facilities.

Death by voluntary fasting



Boudewijn Chabot / Christian Walther

Exit Strategy

Death by voluntary fasting – an autonomous death by abstaining from food and drink
6th revised edition 2021

226 pages.

(978-3-497-03049-1) pb

List price: € 21.90

Medical and legal aspects
of fasting to death

Rediscovering dying with
dignity

Difficulties concerning
doctors, caregivers, relatives

Target Readership

All those interested in patient autonomy at the end of life, particularly medical and healthcare professionals active in the fields of hospice and palliative care.

When the blessings of high-tech medicine become a curse for the terminally ill, only prolonging their suffering, and they express the wish to die, there is an escape route: death by voluntary fasting, or the deliberate abstinence from food and fluids.

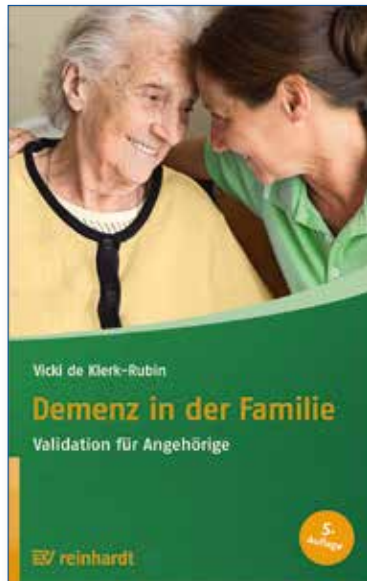
The authors clarify the medical aspects of death by voluntary fasting in a comprehensive manner, informing readers of the legal considerations which apply to this decision. Patients wishing to end their lives in a dignified manner form the focus of this book, as well as relatives, caregivers and doctors who accompany them on the difficult path to death by voluntary fasting.

Author Information

Dr. med. Boudewijn Chabot, PhD, Haarlem, Netherlands, psychiatrist and social scientist.

Dr. rer. nat. Christian Walther, retired neurobiologist, worked at the Institute of Physiology at the University of Marburg, Germany.

Communicate empathetically



Vicki de Klerk-Rubin
Dementia in the Family
Validation for relatives
5th updated edition 2022
127 pages. 16 illustrations.
(978-3-497-03123-8) pb
List Price: € 18.900

How can we learn to understand the world of people with dementia?

Resource-oriented group approach

Numerous suggestions for practical lessons

Target Readership

Anyone caring for someone with dementia, whether at home or in a nursing home.

How can we learn to better understand the fascinating world of people with dementia? How can we deal sensitively with difficult behaviour in everyday situations? Here, the validation method has proved effective, where disoriented old people are approached compassionately. Care professionals have been using and appreciating this method for a long time. This book provides relatives, neighbours and friends who care for a loved one with dementia with a comprehensive introduction to this method.

Author Information

Vicki de Klerk-Rubin, Den Haag, the Netherlands, is a nurse and Validation master teacher. With her mother, Naomi Feil, who founded the method, she has continued to develop Validation theory and practice, and is now the Executive Director of the Validation Training Institute.

Communicate with older adults with cognitive decline



Vicki de Klerk-Rubin

Validation for First Responders

Communicate with older adults with cognitive decline in emergency situations
2020

105 pages.

(978-3-497-02887-0) pb

List price: € 29.90

Learn how to best approach a person
with dementia

Including exercises and self-evaluations,
with links to online study materials

Target Readership

Professional first responders working in the rescue services, police forces and fire departments.

Helping very old, disoriented people in emergency situations can be challenging. Using true stories of everyday situations from police officers, paramedics and firefighters, the author shows how Validation can be an effective tool for communication. Knowing specific techniques for building rapport quickly and communicating effectively with people who have cognitive decline makes the job easier and more satisfying.

This tried and tested resource for professionals in the field of geriatric nursing, Validation is now accessible to those trying to save lives.

Author Information

Vicki de Klerk-Rubin, Den Haag, the Netherlands, is a nurse and Validation master teacher. With her mother, Naomi Feil, who founded the method, she has continued to develop Validation theory and practice, and is now the Executive Director of the Validation Training Institute.

A “good” goodbye – is that even possible?



Iris Grabowski

The Difficult Farewell

Helping healthcare professionals to cope with the process of dying more effectively
2022

175 pages. 6 illustrations.

(978-3-497-03094-1) pb

List Price: € 19.90

Learn to offer
competent support

Includes a chapter on
the pandemic

Featuring illustrative
examples and suggestions

Target Readership

Healthcare professionals, palliative care providers, pastoral workers relatives of the dying.

Goodbyes are rarely easy, because they signify separation. In the nursing profession, farewells form part of people’s everyday work. Making these as dignified and loving as possible often proves challenging. But what’s the best approach when the circumstances are even more difficult? When hygiene regulations preclude the personal presence of relatives or personal tensions appear to make a reconciliatory farewell impossible, for instance?

The author paints a realistic picture of death and dying. It is a process that can be difficult, lonely and irreconcilable. However, carers and relatives do not have to face these difficult farewells without support. Iris Grabowski uses her extensive counselling experience to underline ways in which carers can support themselves mindfully, and includes helpful resources for relatives and those otherwise affected.

Author Information

Iris Grabowski, Marburg, is a paediatric nurse and lecturer for nursing professions, Gestalt therapy educator and systemic counsellor with the Systemic Society - SG. She founded the Marburg Academy for Nursing and Social Professions (MAPS) in 2005 and works as a lecturer and counsellor and volunteers in an inpatient hospice.

Diagnosis "dementia"



Eva Helms

It's Not All Dementia!

A book of encouragement post-diagnosis

2020

168 pages

(978-3-497-02800-9) pb

List price: € 19.90

Coping skills for everyday
life with dementia

Designed specifically
for sufferers

Easily-accessible language
and layout

Target Readership

Early-stage dementia sufferers and their relatives.

For those in the prime of life, a dementia diagnosis comes as a shock. But nobody loses all their skills overnight. Which opportunities exist for retaining short-term memory, concentration and orientation for as long as possible? This guide takes into account both illness-related situations, such as visits to doctors and therapists, and events in everyday life, including driving, shopping, running the household and finances. Special attention is paid to the needs of those living alone and to organisational and technical resources used to preserve everyday skills. This book encourages people to live with the disease in an autonomous way!

Author Information

Eva Helms, Dresden, Germany, a consultant in the field of geriatrics and geriatric psychiatry, is founder of the consulting company Convitas and advises on the development of sustainable projects for autonomous old-age living – with and without dementia.

Creating moments of happiness with dementia



Stefanie Helsper/Harriet Heier
Moments of Happiness for People with Dementia

A how-to support guide for professionals
2021

102 pages. 11 illustrations. 4 tables.

(978-3-497-03062-0) pb

List price: € 19.90

Understanding dementia,
enabling satisfaction

Resource-oriented,
empathetic approach

Includes self-care check
for professionals

Target Readership

Nursing professionals, social education workers, daily companions and carers as well as occupational therapists and physiotherapists.

Happiness is multifaceted and individual. It can be expressed boldly or subtly, but is always associated with well-being and contentment. People with dementia experience happiness like everyone else, sometimes even more intensely. In the advanced stages of the disease, however, it becomes difficult for them to create such moments of happiness independently. Effective, meaningful support for happiness succeeds when professionals can positively redirect typical behaviours in cases of dementia.

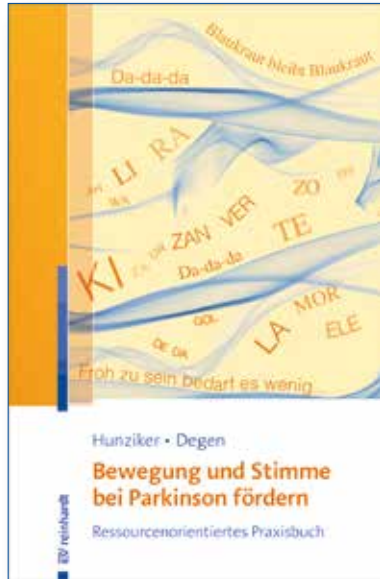
A compact overview of the forms of dementia is provided by way of introduction, and refreshes readers' specialist knowledge. In addition to a neurophysiological context, the authors provide concrete suggestions on how well-being can be integrated into the daily lives of those affected. Here, the concept of the "hand of happiness" symbolises important areas with each finger.

Author Information

Stefanie Helsper is an occupational therapist with a focus on dementia and has been managing the institute "Fortbildung mit Herz" (Training with Heart) in Herborn since 2020, which offers further training for staff working in the fields of geriatrics and gerontopsychiatry.

Dr. Harriet Heier, graduate psychologist, is a psychological psychotherapist in private practice in Minden/ Westphalia. She is the chairperson of the association "Leben mit Demenz – Alzheimergesellschaft Kreis Minden-Lübbecke e.V." (Living with Dementia – Alzheimer's Society in the District of Minden-Lübbecke e.V.).

Active despite Parkinson's



Erika Hunziker/Ursina Degen

Promoting Voice and Movement in Parkinson's Disease

Resource-oriented practical handbook
2022

120 pages. 51 illustrations.

(978-3-497-03103-0) pb

List Price: € 36.90

How to creatively combine
voice and movement

Resource-oriented group
approach

Numerous suggestions for
practical lessons

Target Readership

Speech and language therapists and educators, physiotherapists, dance teachers, psychomotricians, movement therapists.

People with Parkinson's disease are usually restricted in their movement and communication. This leads to both insecurity and often causes them to withdraw. The group offering presented here enables course participants to acquire new experiences and stay in contact in an informal, creative way. An open approach shifts the focus away from the disorder and towards personal resources. This successfully boosts subjective well-being and increases fundamental confidence in one's own abilities.

The tried and tested collection of exercises designed to link exercise sequences and voice exercises permits flexible design and a varied course structure that can be adapted to the respective target group.

Author Information

Erika Hunziker, Dr. phil., is a senior lecturer at the HfH (University of Teacher Education focusing on Special Needs Education) in Zurich. She has several years' experience as a speech therapist in a rehabilitation clinic and runs courses for people with Parkinson's disease.

Ursina Degen, M.Sc., Zurich, is a psychomotor therapist, educationalist and dance teacher. Her focus is on psychomotricity, movement and perception and resource-oriented selfmanagement. She runs courses for people with Parkinson's disease.

Animals as valued companions for dementia sufferers



Anne Kahlisch Markgraf
**Animal Assisted Interventions
for People with Dementia**

2020

164 pages. 80 illustrations.

(978-3-497-02940-2) pb

List price: € 24.90

For different stages of
dementia

Descriptive practical
examples and photos

Various checklists on
animal keeping and use

Target Readership

Professionals working in retirement and nursing homes, clinics, outpatient and day care centres and education institutions for senior citizens, decision-makers in the care sector, providers of animal-assisted interventions, relatives of people with dementia.

Stroking an animal brings a smile to everyone's face. Animals also have an extremely positive effect on people with dementia. They provide affection, ensure well-being and security and help sufferers to express themselves. People with dementia live in their own worlds - and animals can be an immense help when it comes to reaching them.

The author describes animal-assisted interventions for people with dementia in a practical way, using clear examples. She explains the relevant legal foundations and provides numerous ideas for activities with dogs, cats, rabbits, guinea pigs, birds, fish and other animals suited to those in different stages of dementia. The ideal practical beginners guide to animal-assisted interventions for dementia sufferers!

Author Information

Anne Kahlisch Markgraf, Brandenburg, Germany, a graduate social educationalist, specialises in animal-assisted work with dogs and horses. She works with various animals in retirement homes, among other places, and is a lecturer in the field of animal-assisted interventions.

Awakening memories with the scent of herbs



Ulrike Kreuer

The Garden Year for People with Dementia

For outdoors and indoors

2022

180 pages. 45 illustrations.

(978-3-497-03095-8) pb

List Price: € 29.90

Health-promoting and mobilising strategies

Creative and easy to implement

Many ideas also suitable for balconies and interiors

Target Readership

Relatives and acquaintances of people with dementia, those supporting dementia sufferers, occupational therapists, (care) professionals.

Footprints in the snow, delicate buds in spring and the scent of freshly plucked herbs from the kitchen workbench. All this can bring back treasured memories for people with dementia and build a precious bridge between the past and the present. Most people suffering from dementia are cared for at home by relatives or friends; a demanding and often exhausting task. It can thus be helpful for both sides to immerse themselves in creative, light-hearted activities around the theme of the garden, as, for many dementia sufferers, the garden is a place with positive memories. The months form the book's basic structure, and lead through the seasons of the garden year.

Relatives or carers can choose from a wealth of garden-related ideas, on a scale ranging from small to large. The health-promoting effects are clearly stated – an important aspect for professionals and carers in care facilities.

Author Information

Ulrike Kreuer, Nettersheim, is a horticultural engineer with many years of experience and a horticultural therapist according to the standards published by the International Society for Horticultural Therapy (German: IGGT). She has been designing gardens for people with dementia and showing people how to use these in situ since 2003.

A creative approach to the grieving process



Jennifer Otte

Creative Book for My Grief

With numerous exercises and 7 design templates as download-material

2022

240 pages. Coloured inner section.

(978-3-497-03143-6) hb

List Price: € 29,90

An activity book to fill in

Space for readers' own expression

Professional grief counselling

Target Readership

Adolescents and (young) adults who have lost someone close to them, grief counsellors, psychotherapists, teachers and all other professional groups who accompany and advise the bereaved.

Losing someone close to you can turn your whole life upside down. In times of grief, spaces in which grief can simply exist and be explored are essential. This book offers grief this type of protected framework for thoughts and feelings, acting as a companion in the personal grieving process in which neither "right" nor "wrong" exist. In addition to classic initial reactions such as "feeling" and "contemplating", "remembering" and "avoiding" are also addressed. Each chapter features inspiring texts, creative ideas, writing prompts and pages for your own thoughts. The book invites you to express your own grief, encountering it and the deceased person in many different ways, and giving yourself grace in the process.

Author Information

Jennifer Otte, B.Ed., Trier, is a freelance grief counsellor for adolescents and young adults. She supervises projects on the themes of dying, death and grieving in social organisations and schools.

Dementia - a different view



Erich Schützensdorf/Jürgen Datum

Discovering, Experiencing and Understanding Otherland

A travel guide to the world of people with dementia

2019

143 pages. Four-colour inner section.

(978-3-497-02898-6) hb

List price: € 19.90

Typical problematic situations familiar to all relatives

Tips for more appropriate ways to (re)act

Enjoyable reading – humorous and tongue-in-cheek

Target Readership

Caregiving relatives, those in close contact with dementia sufferers, professionals and volunteer staff working in the field of health care and geriatric nursing, care consulting services, employees of public counselling services, doctors.

This is a book on dementia with a different approach: a travel guide leading readers to Otherland, with advice on how to better understand those who live there. It takes us to the heart of the country inhabited by people with dementia, a land with a latitude of fantasy and creativity and a longitude of folly and emotion.

Those embarking on this journey should leave their prejudices behind and be willing to enter new territory in every sense of the term, like an ethnologist who forgoes missionary crusading in favour of discovering, experiencing and tolerating an alien culture. This travel guide provides helpful tips on dos and don'ts en route. It is indispensable for all those with relatives, acquaintances or friends in Otherland: rich in surprisingly plausible explanations, entertaining factual accounts and curious text documents, it provides readers with a wealth of helpful ways to (re)act.

Author Information

Erich Schützensdorf, grad. educator, former VHS (German Adult Education Centre) director and department manager for ageing-related issues at the adult education centre in the district of Viersen, Germany, has dedicated himself to passing on his experiences of interacting with dementia sufferers in the form of his numerous publications and lectures.

Jürgen Datum, freelance copywriter, Solingen, Germany, has drawn on his personal experiences of dementia in his immediate family to inform and inspire this book.

Nursing care is dynamic



Karin Tiesmeyer / Birgit Schuhmacher
Nursing Over the Lifespan
2022
260 pages. 17 illustrations. 8 tables.
Includes online material.
(978-3- 8252-5930-3) pb
List Price: € 24.90

Didactic and practical

Supports educational
lectures

Suitable for exam prepara-
tion with online activities

Target Readership

First-year students enrolled in nursing care degree programmes and degree programmes for lateral entry employees, nursing educators, nursing professionals and other health professionals.

Nursing care varies according to the age of the patients. All-round nursing training needs to take all age groups into account. This textbook covers the specifics of caring for children, adolescents and adults as well as elderly people. Readers receive a comprehensive introduction to the concepts of socialisation and biography, family and subjective environment, organisation and social inequality. Case studies and exercises provide insights into care and health settings and link theory and practice.

Author Information

Prof. Dr. Karin Tiesmeyer is a healthcare scientist. She lectures and conducts research on the subject of applied nursing science at the Protestant University of Applied Sciences Rhineland-Westphalia-Lippe in Bochum.

Prof. Dr. Birgit Schuhmacher is a sociologist. She lectures in the field of social sciences with a focus on the application of social science topics to nursing and health-related fields of work at the Protestant University of Applied Sciences Rhineland-Westphalia-Lippe in Bochum.

Living a safe, yet dynamic life



Ruth Wetzel

Getting the Most from Life with Dementia

Person-centred activation step by step

2021

167 pages. 29 illustrations. 39 tables.

(978-3-497-03063-7) pb

List price: € 24.90

13 areas of intervention

Step by step from needs analysis to documentation

Exercises, reflective questions and worksheets

Target Readership

Nurses, gerontopsychiatric specialists, carers, daily companions, occupational therapists, speech therapists, geriatric therapists, garden therapists in training, by occupation and in the field of further education.

People with dementia go through several different stages as the disease progresses, which are not always easy for them or for their environment. At the same time, they require increasing support as they navigate many everyday activities. How can professionals convey safety and security along with their care? How can they use the time together to maintain skills, consolidate the personality and evoke memories?

This book teaches the theoretical basics of person-centred care for dementia and shows how it can be implemented in everyday life step by step. A variety of methods, from the biographical treasure chest to animal-assisted intervention, are presented with case-studies in six stages, from needs assessment to documentation. Numerous working materials facilitate the individual adaptation of care plans.

Author Information

Ruth Wetzel, Balzheim, a nurse, geriatric therapist, gerontopsychiatric specialist, memory trainer and speaker on the subjects of generational and geriatric work, is a freelance lecturer and speaker with a focus on dementia in basic, further and advanced training.

Are you a parent caretaker?



Petra Brigitte Wieschalla

Survival Tips for Parent Caretakers

Support parents, avoid pitfalls

2nd edition, 2022

167 pages.

(978-3-497-02985-3) pb

List price: € 16.90

Balance looking after
your parents and
your own well-being

Checklists, situational
analysis, ideas for
everyday structure

A resource promoting
better caretaking!

Target Readership

Target readership: Adult children caring for their elderly parents or parents-in-law, specialists working with relatives at psychosocial and care consulting centres.

"I take care of my elderly parents, and it's all getting too much." Any parent caretakers can relate to this statement. Even if these daughters and sons are not directly involved in the physical care of their parents, they are greatly concerned with their well-being and care in an organisational and emotional sense.

The author vividly describes the various tasks and challenges faced by parent caretakers, including conflicts between siblings and the correct way to approach dementia. She demonstrates that it is possible to take care of parents and simultaneously engage in self-care. Here, prerequisites include a realistic assessment of the situation, effective communication, staying informed about age-related changes and adequate self-care.

An encouraging book for all parent caretakers who seek to reclaim control of their lives.

Author Information

Petra B. Wieschalla, Frankfurt am Main, Germany, advises people caring for their elderly parents in her capacity as a coach for relatives, a dementia counsellor and consultant.

Where words reach their limits



Alexander Wormit/Thomas Hillecke/
Dorothee von Moreau/Carsten Diener
Music Therapy in Geriatric Care
2020
150 pages. 16 illustrations. 8 tables.
Four-coloured inside
(978-3-497-02942-6) pb
List price: € 26.90

Manual for music therapy
interventions

Recommendations based on
specific case studies

Application-oriented for
common geriatric conditions

Target Readership

Professional and trainee music therapists, (psycho-)gerontologists, nurses and nursing specialists and all other professional groups caring for elderly dependants.

Music gives people the opportunity to make themselves heard, even if they cannot communicate verbally or words have long become empty vessels. Music helps people to find a way out of their isolation, take pleasure in making music together or enjoy soothing sounds in an individual therapy setting. Its individual design ensures that it offers suggestions for a range of moods experienced in everyday geriatric life, and can help in difficult situations.

Here, the creative work is always grounded in professional theory – sometimes subtly, yet playfully, or expressively, which is used to describe the respective mood. The book explains the objectives and methods of music therapy for older people. It provides numerous tips on precise intervention sequences as well as the use of instruments, choice of music and related conversational topics.

Author Information

Prof. Dr. Alexander Wormit teaches clinical music therapy and heads the Bachelor's degree course in music therapy at the SRH University Heidelberg (UAS), Germany.

Dr. Thomas Hillecke teaches clinical psychology and heads the Master's degree courses in music therapy and dance and movement therapy at the SRH University Heidelberg (UAS).

Prof. Dr. Dorothee von Moreau is head of the teaching clinic for music therapy and dance and movement therapy at the SRH University Heidelberg (UAS).

Prof. Dr. Carsten Diener is prorector for research and practice transfer at the SRH University Heidelberg (UAS) and heads the Bachelor's degree course in psychology within the faculty of applied psychology.

Story book for special days



Uli Zeller

A Birthday Gift

Short stories to read aloud to those with dementia

2021

118 pages.

(978-3-497-03016-3) pb

List price: € 12.-

Birthday and name day stories

Told with humour and warmth

Activation prompts and inspiration for conversations


Target Readership

Geriatric care professionals, daily companions, carers and relatives of people with dementia.

"I remember this birthday very well!" Birthday and name day stories about gifts, customs and surprises bring memories to life. Listeners recognise themselves in these tongue-in-cheek stories, simultaneously aware that they are accepted and valued. The stories are easily accessible, yet full of unexpected twists. A senior citizen gets three grandchildren in one fell swoop, a farmer gets a flock of chickens, a child paints a birthday picture on a freshly painted wall. Activation prompts and inspiration for conversations forge links with the listeners' biographies.

Author Information

Uli Zeller, a nurse and theologian, works in a retirement home in Singen, Germany, and trains carers and relatives of people with dementia.



Ernst Reinhardt GmbH & Co KG
Kemnatenstr. 46
D-80639 Munich

www.reinhardt-verlag.de/rights

foreignrights@reinhardt-verlag.de

