

Reinhardt's Rights Guide 2022

Children's Books

Dear Colleagues

With over 120 years of experience, the publishing house Ernst Reinhardt GmbH & Co KG is a family owned, independent publishing company and has, as of now, a backlist of almost 1,000 titles. We specialize, amongst others, in the fields of psychology, education, gerontology and social work and publish an average of 45 new titles every year.

Internationally known as quality research literature, our publications have been translated into more than 30 languages. Reinhardt Publishing co-operates with professional institutions and associations such as the German Association for Psychology or the Association for Bodypsychotherapy and is a member of utb GmbH – a university-focused joint venture of 16 German academic publishers.

If you are interested in any particular subject or in obtaining rights for a specific title, please feel free to contact us for a personalized offer at foreignrights@reinhardt-verlag.de.

We look forward to hearing from you,

Alena Verrel

Head of Foreign Rights

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Angry, excited, curious?



Barbara Baumgarten

Fabian the Flamingo in the Land of Feelings

A storybook for children between 4 & 7 years old

With illustrations by Stefan Theuerkauff.

Includes supplementary online material.

2021

111 pages. Four-colour inner section.

(978-3-497-03058-3) hb

List price: € 16.90

Feel your feelings with
Fabian

Includes information for
parents

Online material with
colouring templates

Target Readership

Parents and kindergarten teachers of children between 4 and 7 years old.

Fabian the flamingo is furious. He's cross with his brother because he keeps coming into his room without asking and annoying him! The next day Fabian sneaks a peek at his sister's top secret diary. Is that even allowed? And on top of all that, something embarrassing happens to him at school... What do you do when everyone's laughing at you?

With great feeling and expressive hand-drawn illustrations, 21 stories transport readers into the turbulent everyday life of a 7-year-old flamingo from a flamingo colony. They explain how to navigate different feelings and situations that children have to deal with every day in an age-appropriate way. The questions at the end of each chapter invite the reader to delve deeper into the stories.

Author Information

Barbara Baumgarten, Ludwigshafen, is a graduate social education worker (UAS) in child and adolescent psychiatry and has completed further training as a systemic therapist (SG – Systemic Society) and systemic couples therapist (IGST – International Society for Systemic Therapy).

Stefan Theuerkauff, Bonn, is a graduate designer who studied communication design in Cologne and Düsseldorf. His work focuses on illustration.

It wasn't me!



Barbara Baumgarten/Stefanie Kolb
Fibber the Tiger and Sincerity the Squirrel
10 children's stories to read aloud
With illustrations by Stefanie Kolb.
2022
98 pages. Four-colour inner section.
(978-3-497-03139-9) hb
List price: € 16.90

10 animal-themed stories
about lying and truth-telling

Educational questions inspire
joint reflection

Includes numerous creative
illustrations

Target Readership

Parents and kindergarten teachers of children between 5 and 8 years old.

Paul breaks his friend's toy plane. But will they believe him when he says that it was an accident? Lea and Sophie have a secret that eventually puts one of the girls in great danger. Can Sophie break her silence? Fibber the Tiger and Sincerity the Squirrel know what to do! The friends live together in a cosy tree house not far from the city. It's a safe place, and visitors are always welcome. Ten humorous, creatively illustrated stories introduce readers to the world of Fibber the Tiger and Sincerity the Squirrel. Good and perhaps not so good reasons for being honest or lying are emphasised and weighed against each other in an age-appropriate manner. The questions at the end of each chapter invite the reader to take a deeper dive into the stories.

Author Information

Barbara Baumgarten, Ludwigshafen am Rhein, is a graduate social education worker (UAS) in child and adolescent psychiatry and has completed further training as a systemic therapist (SG - Systemic Society) and systemic couples therapist (IGST - International Society for Systemic Therapy).

Stefanie Kolb, Essenheim, has been passionate about drawing since she was a child. After studying art and training as a computer graphics artist, she now works as a freelance illustrator.

Speaking made easy



Babette Bürgi Wirth/Stefanie Kolb

Mila Speaks!

A picture book on selective mutism.

Includes online information for parents and professionals

2nd edition 2021

31 pages.

(978-3-497-03046-0) hb

List price: € 19.90

Serves as a model for children

Story told in realistic terms

Includes online information for parents

Target Readership

Children with selective mutism and their families, psychotherapists, speech and language therapists, kindergarten teachers.

She talks her head off to her family, but doesn't utter a word at kindergarten: Mila suffers from selective mutism. Appropriately illustrated, this children's book describes the difficulties Mila faces because of her silence at kindergarten. What's the solution?

A therapist helps Mila to overcome her fear of speaking in small steps: first at home with a friend, then with a few children at kindergarten, later on at a bakery. In the end, she even overcomes the biggest challenge of all, and stands on a stage in front of parents and children...

The book shows children affected (and their parents) a way out of the silence which is not only realistic, but encouraging. It can be used in a family, kindergarten or even a therapeutic setting.

Author Information

Babette Bürgi Wirth, Zurich, Switzerland, a teacher and psychotherapist, works with children affected by selective mutism in private practice, at kindergartens and schools.

Stefanie Kolb, Essenheim, Germany, has had a passion for drawing since she was a child. After studying art and training as a computer graphics artist, she now works as a freelance illustrator.

School life of children with FAS(D)



Reinhold Feldmann/Anke Noppenberger
A Perfectly FAS(D) Pupil

2020

56 pages.

(978-3-497-02989-1) hb

List price: € 24.90

For reading aloud to children
with FAS(D)

Includes tips for teachers and
(foster) parents

Four-colour inner section

Target Readership

Teachers and (foster) parents of children affected, parents of fellow pupils, psychotherapists, psychologists, social education workers, teachers of children with special needs, child care workers.

Mo is a child affected by FAS(D), Foetal Alcohol Spectrum Disorder. That's why Mo often finds it hard to understand school rules and social situations in a way appropriate to his age, and is unable to concentrate well or remember things. Mo's classmates quickly notice that he's a little bit different. His teachers also often feel overwhelmed and unsure of how to support a child with FAS(D), both in their classrooms and in the playground.

This illustrated book provides children with FAS(D) with compassionate support in the light of their often unpleasant experiences at school. Mo shows them what they need to help them feel good at school. It's exciting to see how he negotiates everyday life there. Thanks to the understanding adults surrounding him at school and at home, Mo becomes a self-confident, cheerful boy – a role model for other children with FAS(D).

Author Information

Dr. rer. medic. Reinhold Feldmann, grad. psychologist, Münster, Germany, is a psychological psychotherapist who works at the FAS outpatient clinic in Walstedde.

Anke Noppenberger works as an FASD coach mentoring foster parents, and is also active in the field of social educational family support.

Meet perfectly FAS(D) Mo



Reinhold Feldmann / Anke Noppenberger
Perfectly FAS(D)

2019

47 pages. Four-colour inner section.

(978-3-497-02873-3) hb

List price: € 24.90

For those affected, friends
or siblings to read aloud

Easy to understand and
empathetic

Includes information on
the medical condition

Target Readership

(Foster) parents of children affected, psychotherapists, psychologists, (social) education workers, educators, teachers, and therapists.

This illustrated book tells the story of little Mo. Mo is affected by Foetal Alcohol Spectrum Disorder (FAS(D)) and lives with a foster family. Mo tells readers about life with this disorder and how he feels about the world around him. The book is designed to help raise awareness of FAS(D) as a medical condition. The story, written in a child-appropriate manner, describes everyday situations which children with FAS(D) experience in particular and sometimes challenging ways. Not only an excellent resource for (foster) parents, it is also an indispensable everyday tool for those working in psychosocial and therapeutic fields. The book includes important information aimed at adults: what is FAS(D)? How does the condition present in children affected? And which challenges do these children face?

Author Information

Dr. rer. medic. Reinhold Feldmann, grad. psychologist, Münster, Germany, is a psychological psychotherapist who works at the FAS outpatient clinic in Walstedde.

Anke Noppenberger works as an FASD coach mentoring foster parents, and is also active in the field of social educational family support.

Counting made easy



Moritz Herzog/Annemarie Fritz
**The Hedgehog Who Wanted to Know
How Many Spines He Had**

An illustrated book for counting and
breaking down numbers.

With illustrations by Angela Kommoß.
2021

34 pages. Four-colour inner section.

(978-3-497-03032-3) hb

List price: € 14.90

A joining-in book for
children aged 3–5

Counting from 1–10 and
breaking down numbers

With handy hints for
readers

Target Readership

Childcare workers, educators, parents.

As the hedgehog wakes up from hibernation and washes himself, one of his spines falls out. Startled, he asks himself: „How many more spines do I have on my back?“ In the forest, he meets various animals, including a hare, a fox, and a deer, and asks them for advice but can anyone count all his spines?

This illustrated book introduces a number from 1 to 10 on each page. It uses a variety of counting exercises to support children aged 3 to 5 as they acquire counting skills - their very first encounter with mathematics. It also addresses the breakdown of numbers, an important learning step in the development of number concepts.

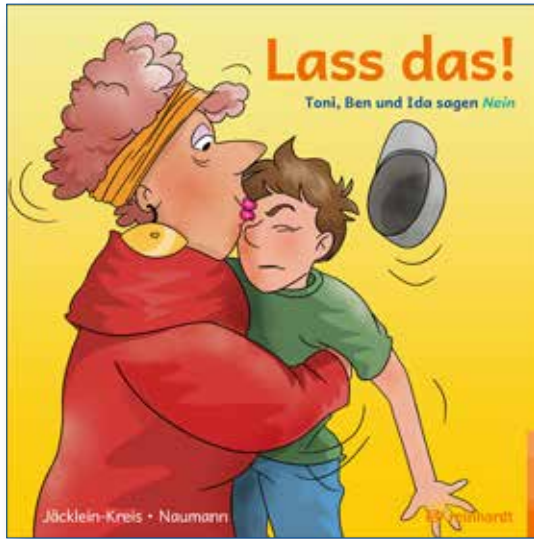
Author Information

Dr. Moritz Herzog is a dyscalculia therapist and research associate in the field of methodology and didactics focusing on learning and emotional/social development at the University of Wuppertal, Germany.

Prof. Dr. Annemarie Fritz, Essen, Germany, is professor of educational psychology and chairs the international academy Wort + Zahl.

Angela Kommoß, Dortmund, Germany, has been a freelance illustrator since 2013 and founded the publishing house Glückspunkt in 2016.

No means no!



Elisabeth Jäcklein-Kreis/Andrea Naumann
Stop! Toni, Ben and Ida say No
2022

48 pages. Coloured inner section.

(978-3-497-03140-5) hb

List price: € 19.90

Empowers children to
resist assault and abuse

For use at home, at school
and at kindergarten

Includes tips, exercises and
helpful addresses

Target Readership

Children aged 5-7 years and their parents as well as kindergarten teachers, educators, psychologists and psychotherapists seeking to protect children from sexual abuse.

Wet smackers from your aunt, strange offers from complete strangers in the playground or older children pulling down your trousers: these are really annoying things which make you want to disappear into a hole somewhere really quickly. Ben, Ida and Toni are familiar with these situations too. However, they also know some great strategies they can use to fight back! These three friends may be young, but they know exactly how to say „no!“, they know their rights, and they know how to quickly rid themselves of uncomfortable feelings and harmful secrets.

In this book, children learn to set boundaries, listen to their gut feelings and protect themselves from sexual abuse.

Author Information

Elisabeth Jäcklein-Kreis, Munich, is a freelance media educator, author and editor.

Andrea Naumann, Aachen, works as a freelance illustrator, cartoonist, storyboard and courtroom artist.

Dealing with sexualised violence



Anna Kampschroer

Emma Can Do It!

Ending sexual abuse

With drawings by Cornelia Nass.

Includes online information for professionals.

2020

103 pages.

(978-3-497-02987-7) pb

List price: € 19.90

Empowering identification
with the protagonists

Suitable for therapy and
prevention

Online information for
specialists

Target Readership

Specialists at specialist counselling centres (e.g. educational and family counselling centres, advice centres for girls and women, Pro Familia), inpatient youth welfare facilities, youth centres, prevention associations addressing sexualised violence, schools, training and further training centres for educational and psychological specialists, teachers, psychotherapists, parents, boys and girls from 12 years of age for independent reading.

Emma and Lilly are the best of friends. But suddenly, one of them no longer wants to spend the night at the other's house. Both girls are suffering sexual abuse at the hands of one of their fathers, but each is unaware of the other's plight. The girls' muted cries for help remain unheard. Fear, shame and confusion towards the adult who commits despicable crimes on the one hand and simultaneously appears to be a caring father or friend of the family on the other, dominate everyday life. That is, until Lilly breaks the silence and the girls confide in each other and subsequently in supportive adults, thus receiving help and protection.

Author Information

Anna Kampschroer, Barntrup, grad. social education worker, is a child and youth psychotherapist in private practice with additional training in trauma therapy and hypnotherapy/hypnosis, as well as a founding member and chairperson of the board of the regional prevention association F.I.B. e.V.

Dealing with sexualised violence



Anna Kampschroer

Erik Can Do It!

Ending sexual abuse

With drawings by Cornelia Nass.

Includes online information for professionals.

2020

103 pages.

(978-3-497-02986-0) pb

List price: € 19.90

Empowering identification
with the protagonists

Suitable for therapy and
prevention

Online information for
specialists

Target Readership

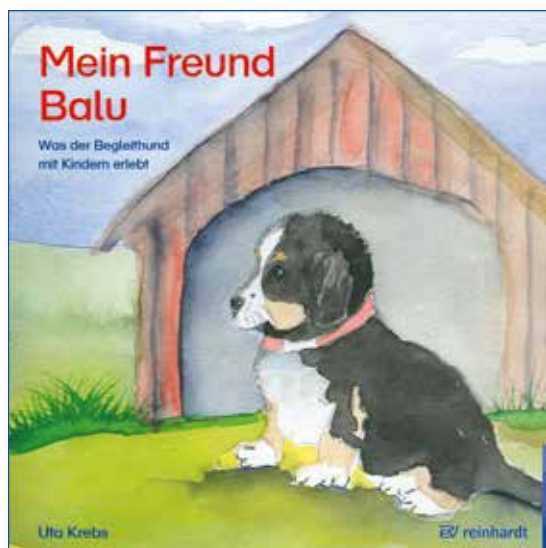
Specialists at specialist counselling centres (e.g. educational and family counselling centres, advice centres for girls and women, Pro Familia), inpatient youth welfare facilities, youth centres, prevention associations addressing sexualised violence, schools, training and further training centres for educational and psychological specialists, teachers, psychotherapists, parents, boys and girls from 12 years of age for independent reading.

The football club was supposed to help Erik to settle into a new environment after his parents separated and he moved away. Unfortunately, Erik experiences sexual harassment from his football coach. The mother practically urges her son into contact with the trainer as her child's supposed benefactor. The father is too absent and wants to avoid arguments with the mother. Both parents "only want the best" for their son, but fail to recognise his distress. This results in a specific dynamic at the level of adult and child communication, which creates an unbearable dilemma for Erik. Only after he discovers that he's not the only victim of this violence can he reclaim his voice and his power. He joins forces with a new friend to seek help from supporting adults.

Author Information

Anna Kampschroer, Barntrup, grad. social education worker, is a child and youth psychotherapist in private practice with additional training in trauma therapy and hypnotherapy/hypnosis, as well as a founding member and chairperson of the board of the regional prevention association F.I.B. e.V.

There's never a dull moment with Baloo!



Uta Krebs

My Friend Baloo

The therapy dog's adventures with children
2020

39 pages. Coloured interior.

(978-3-497-02949-5) hb

List price: € 14.90

For dog-assisted
educational work

For reading aloud to preschool and
primary school children

Target Readership

Educational specialists who use dog-assisted therapy in their work with children, e.g. in kindergartens, counselling centres and in the field of early support, etc.

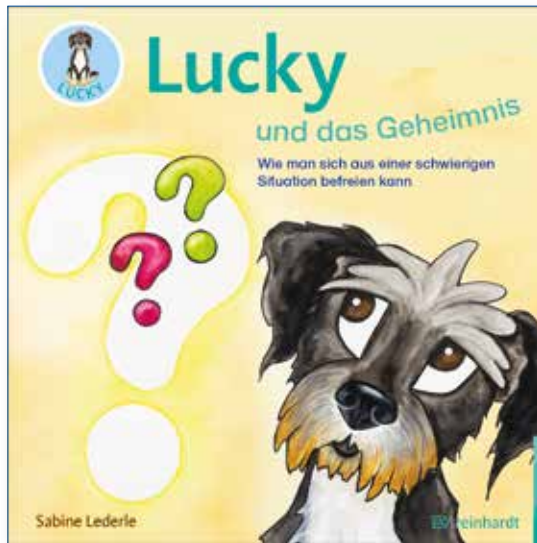
When Bernese Mountain Dog Baloo plays with the children at kindergarten, amazing things happen. Normally shy Michel builds a treat-catching machine for Baloo. And the words gush out of Annika's mouth like a fountain – although she never usually speaks! Baloo, the therapy dog, works with his mistress at a kindergarten and a child guidance centre. He relates how he was trained as a therapy dog and tells readers about his experiences with the children.

The story introduces children to a dog-assisted setting and serves to familiarise them with dogs, thus reducing potential fear. In the evening, Baloo thinks about everything he did with Michel, Annika and the others. He's happy that the children can now do so many things on their own. Lying in his dog blanket, he dreams of the cheese biscuits they baked for him.

Author Information

Uta Krebs, a child care worker and motor activity therapist, performed dog-assisted work at a kindergarten and a child guidance centre for many years.

Which secrets to keep?



Sabine Lederle

Lucky and the Secret

How to escape a difficult situation

With ideas for pedagogical work as online material.

2020

38 pages. Four-coloured inside.

(978-3-497-02981-5) hb

List price: € 18.90

Addresses "good" and
"bad" secrets

Teaches how to ask for
help in difficult situations

Suitable for children aged
between 6 and 9

Target Readership

Child care workers, social education workers, teachers of children with special needs, teachers, including those at schools for children with learning difficulties, parents.

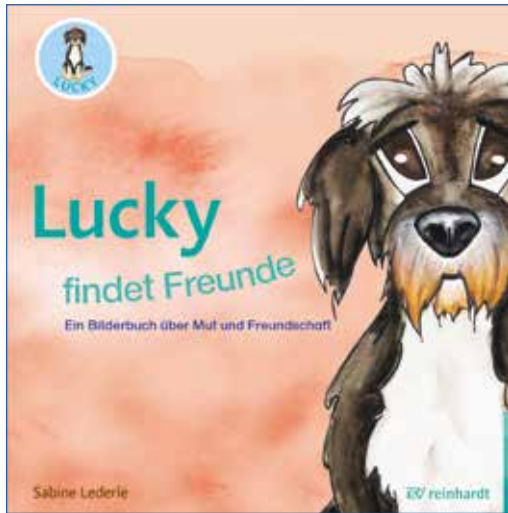
When Lucky's mistress has to work long hours, he spends his time at an afternoon care facility with other dogs. One day, the big white dog Grudge puts pressure on Lucky and threatens him. Grudge won't let Lucky tell anyone else. How can Lucky get out of his difficult situation? After all, you can't betray a secret... can you?

This joining-in book for reading aloud gets children involved in the story via specific questions. It shows how trust and friendship can help us escape emotionally stressful situations, and teaches children how to deal with "bad" secrets. It can be used as study material on the topic of "social learning" in school classes, small groups or in individual settings.

Author Information

Sabine Lederle, a child care worker, grad. social education worker and specialist for animal-assisted social work, is the founder of "dogik - Pädagogik mit Hund", a further education centre for animal-assisted education, and also works at a school in the Offenbach am Main, Germany, district.

When your bark's worse than your bite



Sabine Lederle

Lucky Finds Friends

An illustrated book on friendship and courage
2020

34 pages. Four-coloured inside.

(978-3-497-02980-8) hb

List price: € 18.90

An encouraging joining-in
book

For reading aloud to children
aged between 5 and 7

(Also) suitable for children with
socio-emotional difficulties

Target Readership

Child care workers, social education workers, teachers of children with special needs, teachers, including those at schools for children with learning difficulties, parents.

Lucky is neither big nor small, he has tousled fur and he loves digging holes. Just like any ordinary dog! But when Lucky meets other dogs, he's anything but friendly: he growls, barks and snarls. Because he's so aggressive, he's shunned by the others and often feels alone. But when Lucky finds himself in an emergency, he reflects on his behaviour and has the courage to change it. The book is suitable for reading aloud, e.g. at kindergartens and primary schools, and encourages children to participate by asking questions. It addresses the topics of self-esteem, courage, honesty and friendship and can be used as study material on the topic of "social learning" in a group or in individual settings.

Author Information

Sabine Lederle, a child care worker, grad. social education worker and specialist for animal-assisted social work, is the founder of "dogik - Pädagogik mit Hund", a further education centre for animal-assisted education, and also works at a school in the Offenbach am Main, Germany, district.

Understanding Children with FASD



Katrin Lepke / Britta Hügel

Elfi in Fantasy Land

Stories from everyday life with FASD

With download material.

2022

63 pages.

(978-3-497-03104-7) pb

List price: € 16.90

For reading aloud and
reading independently

For children aged 6 –12

With additional
information for caregivers

Target Readership

Children with FASD and their (foster) families / caregivers, educators, therapists and school social workers.

Elfi is a girl who really just wants to be like everyone else. But when she talks about her everyday experiences, her stories often sound completely implausible. Is she just making all this up to make herself seem important? No! Elfi is a special child who has FASD, Foetal Alcohol Syndrome, and who perceives the world differently.

This lovingly illustrated children's book for reading independently or aloud takes young readers on a journey into Elfi's everyday life. The child-friendly language allows them to immerse themselves in the little girl's adventures, which address fundamental topics including "cognitive perception" and "fantasy and lies".

In addition to information about FASD, the download material contains a host of practical tips for day-to-day life.

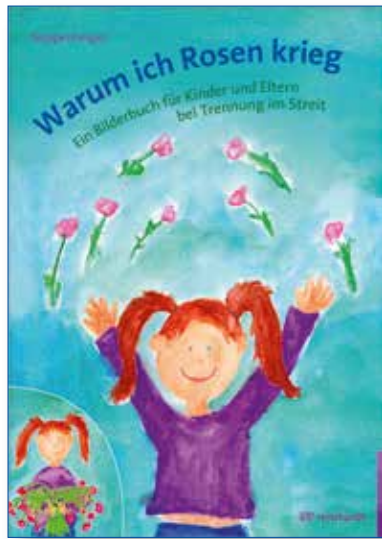
Author Information

Katrin Lepke, Mutterstadt, is a certified trauma educator and deputy chairperson of the association FASD Deutschland e.V. She conducts further training on FASD for employees in administrative offices, parents, caregivers and therapists and is the adoptive and foster parent of three children with FASD.

Britta Hügel is a graduate social education worker (UAS) and a certified trauma educator. She works at a special school for holistic development in Ludwigshafen. There, she not only looks after pupils with FASD, but also advises and accompanies their parents and caregivers.

Illustrator: Sascha Peter Weiß has been a tattoo artist for 18 years and lives in Lustadt in the Palatinate region. He has already illustrated a children's book on the subject of Down's syndrome.

Stop arguing!



Anke Noppenberger

A War of Roses

A picture book for children and parents during acrimonious separations

With a foreword by Johannes Bach.

2022

56 pages.

(978-3-497-03106-1) hb

List price: € 24.90

Educational-therapeutic
children's books

Makes adults aware of
children's problems

Empowers children of
estranged parents

Target Readership

Children and parents (from families engaged in the process of separation), professionals in (educational) counselling, psychotherapy, child and youth welfare, kindergartens and schools.

Frieda's parents have separated. However, they still argue a lot and the children are stuck in the middle. In this illustrated book, Frieda reveals to readers of all ages how she and her brother Fred experience this situation and explains why she feels she is caught in "A War of Roses". In simple words and pictures, Frieda describes her own emotional chaos, conflicts of loyalty, parental access and her hopes for a happy and harmonious future.

Where can Frieda and her family get support? Frieda seeks to pass on her experience and hopes to all children and parents who find themselves in a similarly challenging family situation. An information section for adults explains the consequences of highly contentious separations or divorces and parent-child estrangement, listing possible solutions.

Author Information

Anke Noppenberger, social education worker (B.A.), has many years of experience in the fields of residential youth welfare, socio-educational family support and work with foster children.

Caught in the net?



Claudia Schäfer

Chatting with Strangers?

Protection from abusive online contacts

In simple language.

With illustrations by Beata Zurawska.

Includes online material and text-related questions.

Age recommendation: linguistically or cognitively limited adolescents aged 12 plus; young adults.

2022

88 pages.

(978-3-497-03078-1) pb

List price: € 19.90

For young people with linguistic
or cognitive limitations

Includes story-related questions
to aid deeper understanding

Target Readership

Linguistically or cognitively limited adolescents aged 12+ or young adults as well as their parents and professionals (teachers, educators, social education workers, special education teachers, psychologists, psychotherapists and paediatricians).

Sophie's finally got a mobile phone! She meets Alex in a chat room. He's already 32. And pretty cool. He asks her questions. He pays her compliments. That feels nice. But then Alex wants photos. And asks her to do things she doesn't really want to do. How can she get out of it?

"Cybergroomers" like Alex contact minors and young adults online, establish an emotional bond with them and then persuade them to take nude photos or meet up and even perform sexual acts. Sophie's story is told realistically, without admonitory finger-wagging. Adolescents with cognitive or linguistic limitations can read the story themselves in simple language. Textual comprehension is consolidated by tips for young people affected and questions about the story. The book is complemented by an online information section and an internet contract.

Author Information

Claudia Schäfer, Untermünkheim near Schwäbisch Hall, is a teacher at a special needs education and counselling centre where she works with adolescents. She is an author and a translator for easy and simple language.

A relaxing journey through the galaxy



Franz Schneider/Matze Döbele

The Space Mission

A picture book with relaxing stories to read and listen to.

With an audio download of the stories and online guide.

2022

32 pages.

(978-3-497-03097-2) hb

List price: € 19.90

Educational-therapeutic
children's book

Child-friendly explanations
of physical exercises

Relaxation tips for kids
aged 5-10

Target Readership

Children (5-10 years), parents, kindergarten teachers, educators, psychologists, psychotherapists.

Take a deep breath ... and off you go into space! Astronaut Violetta sets off on adventurous space missions from her playroom. Along for the ride: the readers as co-astronauts, who fly glittering kites on distant planets or run colourful races. And, in case all the action threatens to get too overwhelming, relaxation exercises using progressive muscle relaxation and autogenic training techniques are playfully included in the text and images in order to restore a little calm to the proceedings. The journeys into space are perfect for reading independently, reading aloud or listening to. They are particularly suitable for children experiencing restlessness, anger, fears, sleep problems and who have difficulty concentrating, and give them both agency and the opportunity to experience self-efficacy. Hypnotic illustrations ensure that readers take a deep dive into the stories, thus firmly anchoring these relaxation methods so that they can be transferred to everyday life.

Author Information

Franz Schneider (text) is a senior psychologist (M.Sc.) and trauma therapist working at the Trauma Outpatient Clinic in West Holstein. He also works in private practice in Hamburg.

Matze Döbele (illustration) is a freelance illustrator and children's book author who lives with his family in Hamburg. Among other prizes, his illustrations have received the German-French Youth Literature Award.

But maths is silly ...



Hans-Ulrich Zoller

Mea and the Turtles

An encouraging story for children with numeracy difficulties

With illustrations by Beata Zurawska.

With a preface by Karin Kucian.

2021

33 pages.

(978-3-497-03035-4) hb

List price: € 14.90

For reading aloud and
reading independently

For those working with
children with dyscalculia

For children aged 7–10

Target Readership

Learning therapists, teachers, educators, parents.

Mea lives on a small island in the North Sea. She is creative, loves to play on the beach and dreams of studying turtles one day. But there's one thing Mea doesn't like at all: maths. The thought of maths tests at school gives her stomachache, and the homework frustrates her. Thank goodness for the old captain. Through him, Mea learns about her strengths and realises that she doesn't have to be powerless in the face of her numeracy difficulties. And, in the end, Mea gains a sense of achievement that gives her courage.

Mea's story is meant to encourage children with dyscalculia and show them that they are not alone. Strengths are brought into the focus, perspectives are changed and confidence is conveyed.

Author Information

Hans-Ulrich Zoller, Aalen, Germany, is a primary and secondary school teacher and has mentored many children with dyscalculia as a certified dyscalculia therapist (BVL: Federal Association for Dyslexia and Dyscalculia) and educational relaxation therapist.

Beata Zurawska M.A. studied painting and art history in Lublin, Poland. She has been living near Berlin, Germany, as a freelance illustrator and graphic designer since 2015.



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